

Light Sheet Fluorescence Microscopy

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<https://mbo.rockefeller.edu>

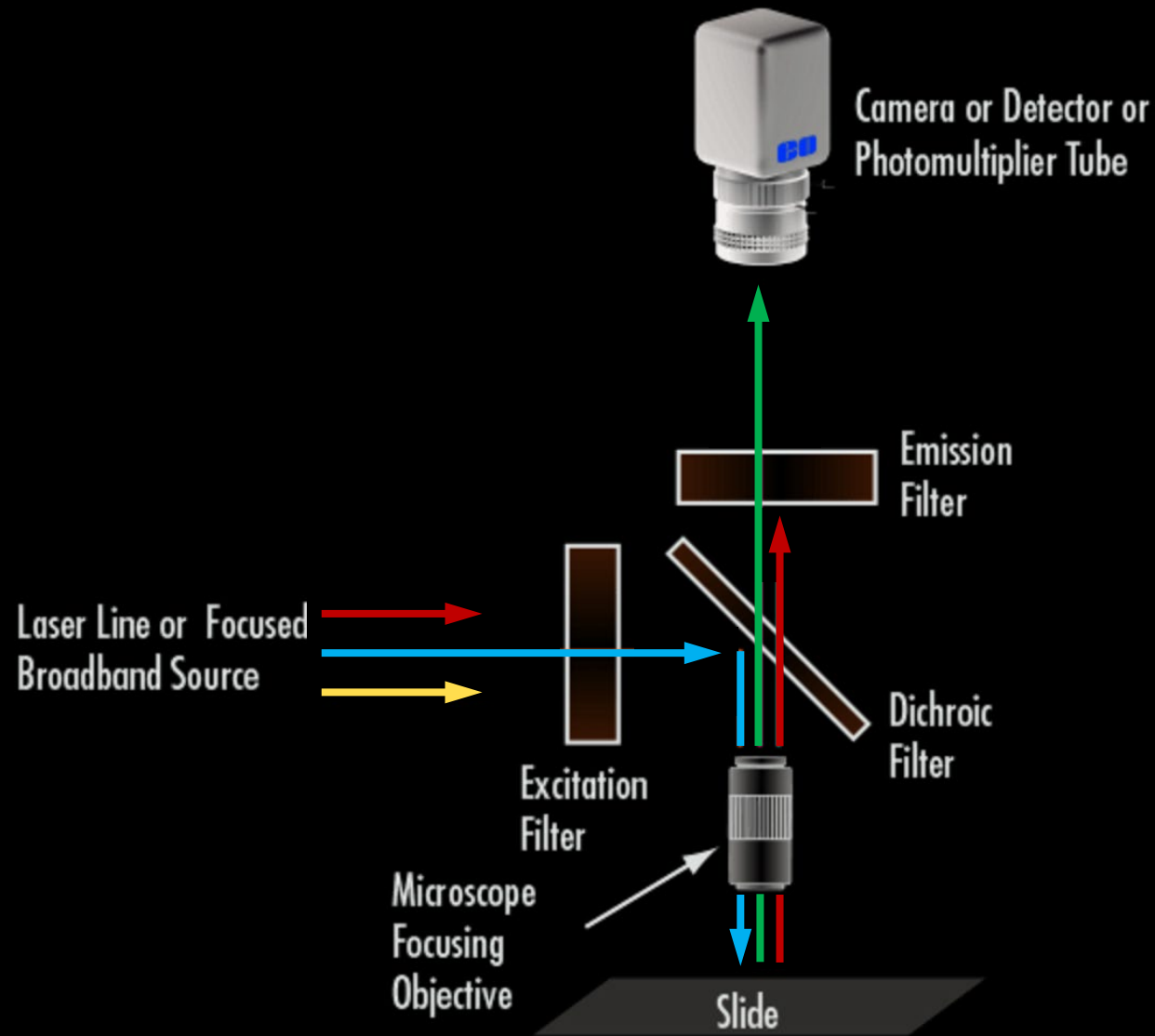
May 28, 2026

Session 5: Fundamentals in Microscopy Workshop

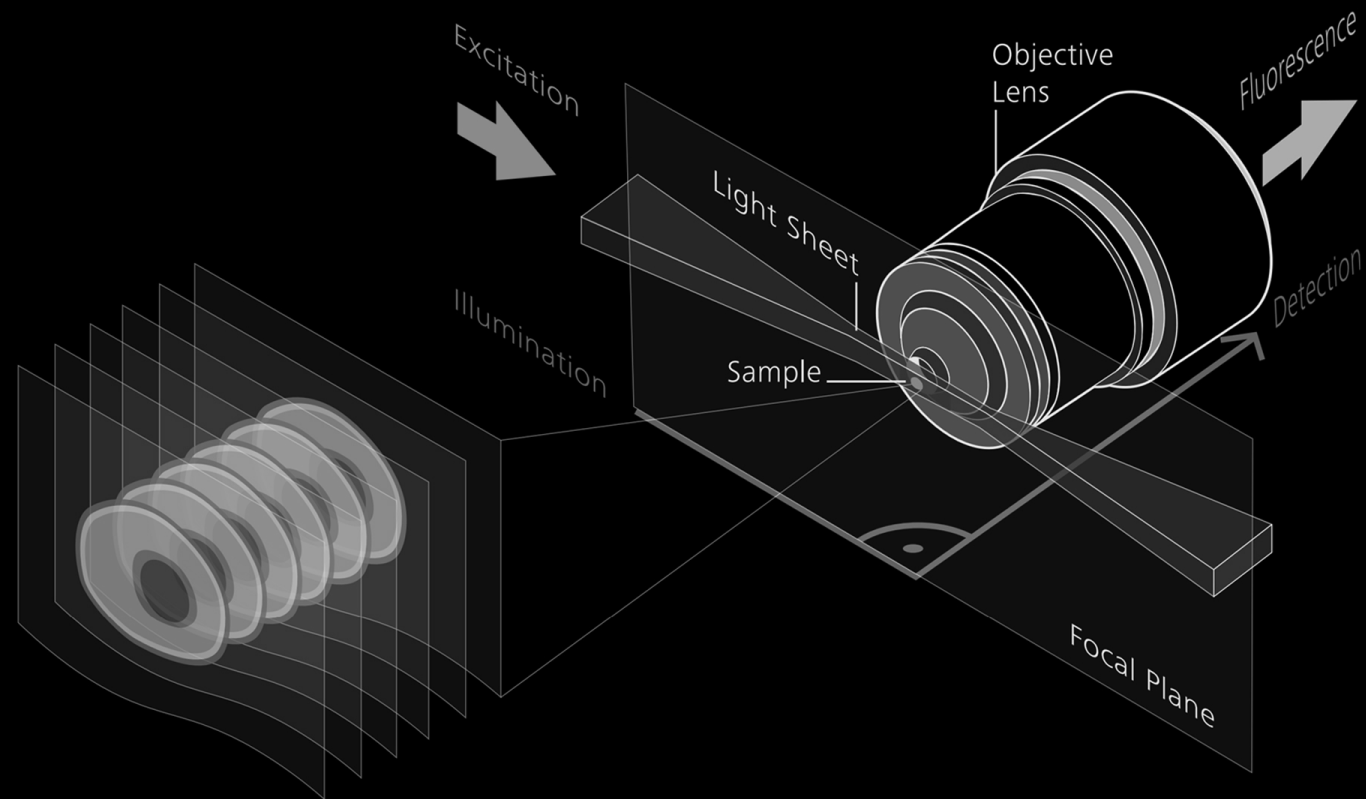
Agenda

- Basics of light sheet microscopy
- Key concepts: optical sectioning, optical resolution
- What instrument to use?
- Specialized systems accessible to Rockefeller scientists

Basic Setup- Fluorescence Microscopy



Light sheet fluorescence microscopy



Ultramicroscope

Siedentopf and Zsigmondy

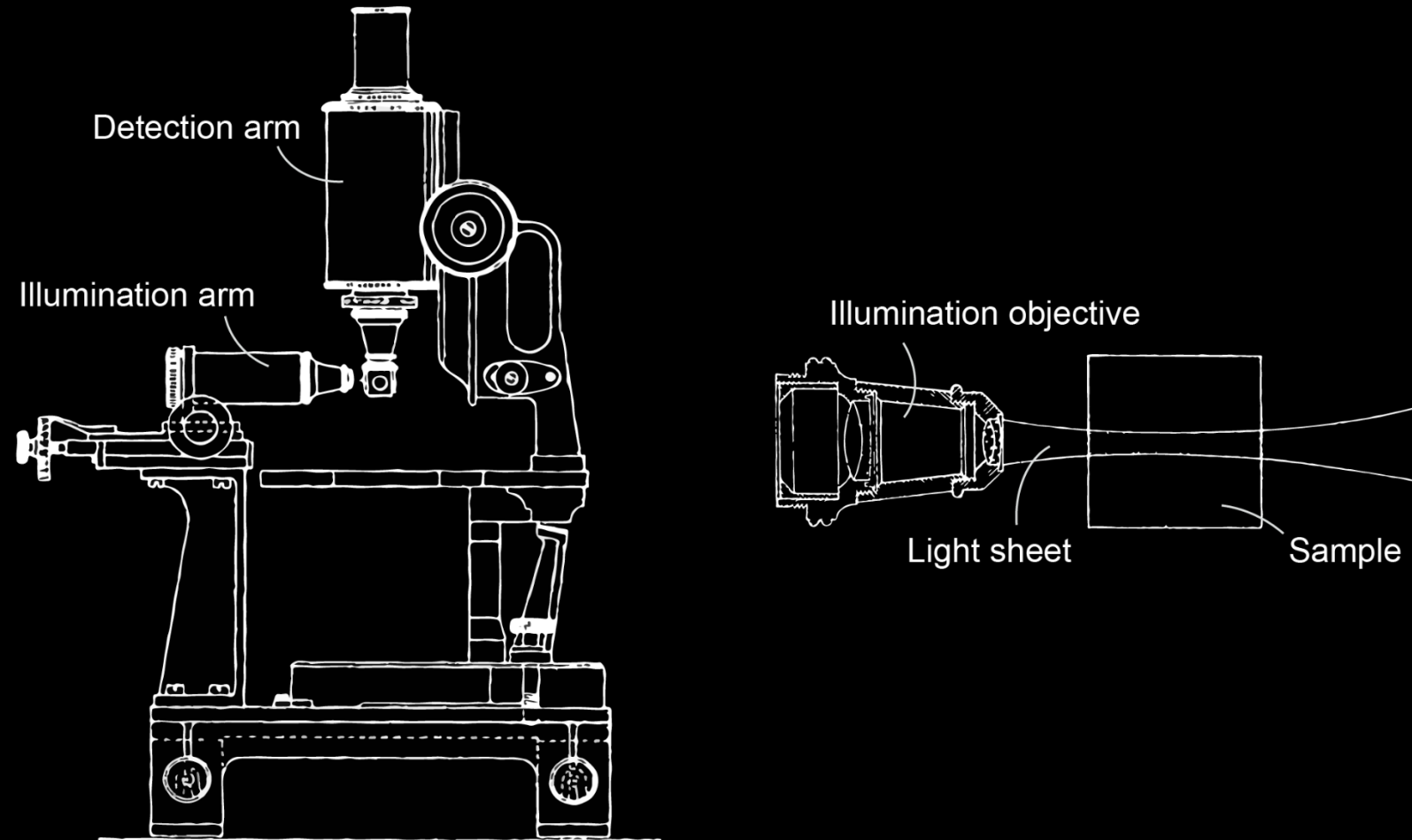
1903

- Light-sheet to inspect colloidal gold

Timelapse: Ultramicroscope microcinematography, Zeiss

1930s

- Microbiology, Parasitology, Plant biology



Light Scanning Photomacrography (LSP)

'Dynaphot,' Irvine Optical Corporation

1964

- Light-sheet to photograph the surface of 3D objects – shells and insects

Aug. 27, 1968
Filed Aug. 27, 1964

D. McLACHLAN, JR
MICROSCOPE

3,398,634
4 Sheets-Sheet 1

Image Plane

Illuminating Lens

Objective Lens

Object

Scanning Stage Motion

D_s = Depth of Scanning Light Beam

D_o = Depth of Field of Objective

INVENTOR
D. McLachlan, Jr.
BY
Anthony J. Conners

Dynaphot® with Wild M400 Makroskop

DYNAPHOT® Light Scanning Photographic Systems

- A precision light scanning system used to produce photomacrographs of unlimited depth of field. The Dynaphot® functions in conjunction with 4x5 format bellows camera systems, 35mm SLR's and the Wild M400 Makroskop.
- The Dynaphot® is designed to photograph various 3-dimensional objects, using one to four light sources depending on sample size.
- The magnification range is 2x to 40x. Photos can be taken in color as well as black & white. This provides clear sharp details of all hard to focus samples that standard photomacrographs and SEMs over look.

FOR A CLOSER LOOK...

Darwin Dale

DYNAPHOT®

IRVINE OPTICAL CORP. • 1713 W. MAGNOLIA BLVD. • BURBANK, CA 91506

Light sheet fluorescence microscopy

Orthogonal-plane fluorescence optical sectioning (OPFOS)

Arne Voie, Francis Spelman, University of Washington

1993

- To inspect cleared guinea pig cochlea

Selective plane illumination microscopy (SPIM)

Jan Huisken, Ernst Stelzer, EMBL

2004

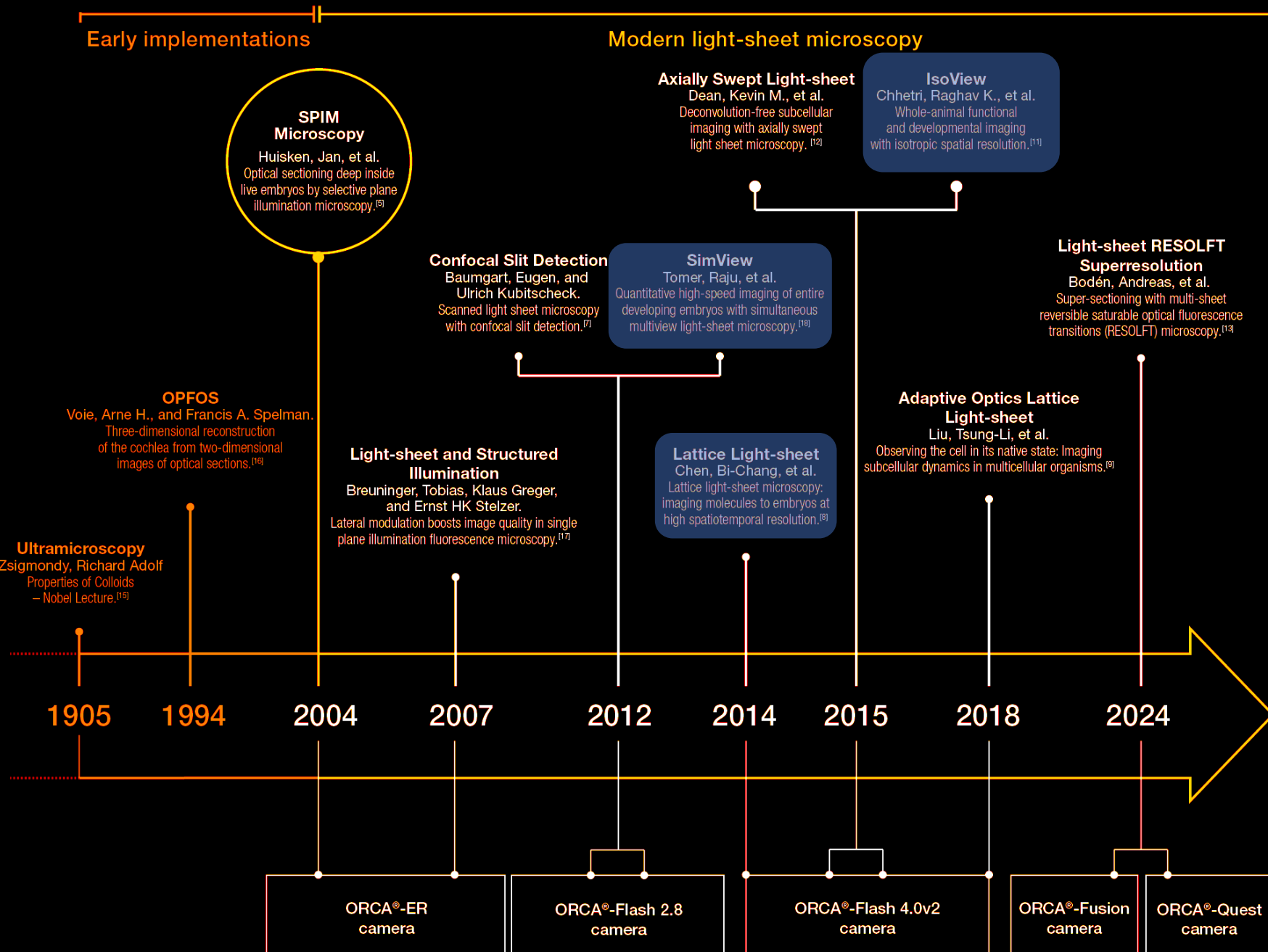
- Started the current interest in light-sheet microscopy

Digitally scanned light sheet microscopy (DSLM)

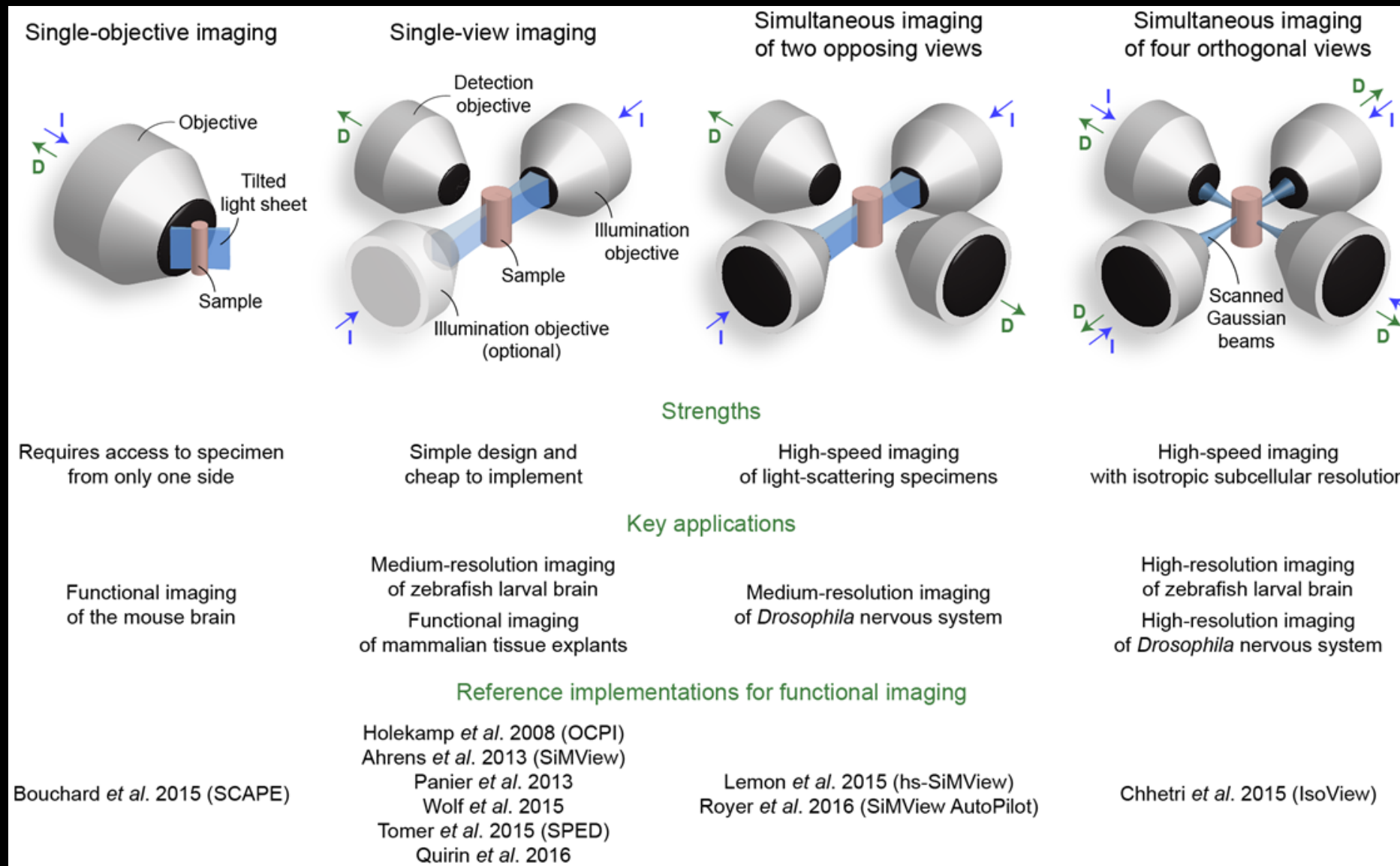
Philipp Keller, Ernst Stelzer, EMBL

2008

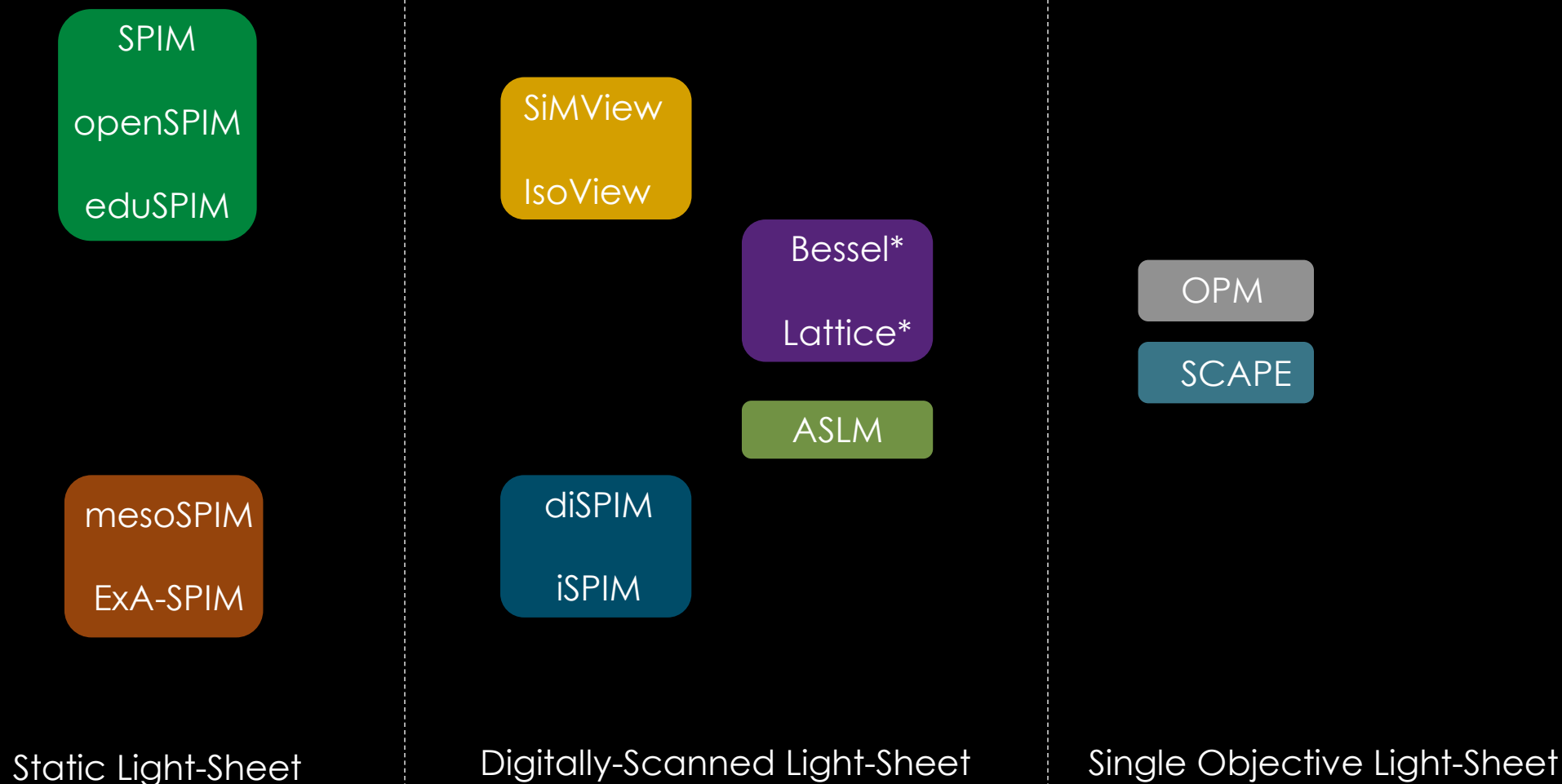
- "Digital embryo," a database of cell positions, divisions, and migratory tracks



Flavors of light-sheet microscopes



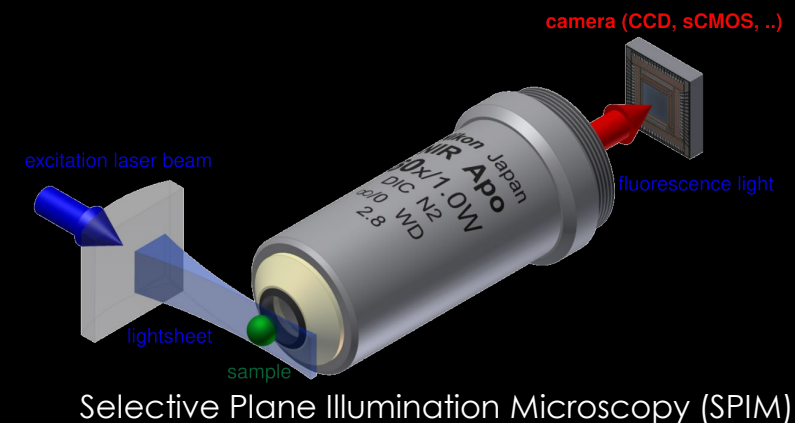
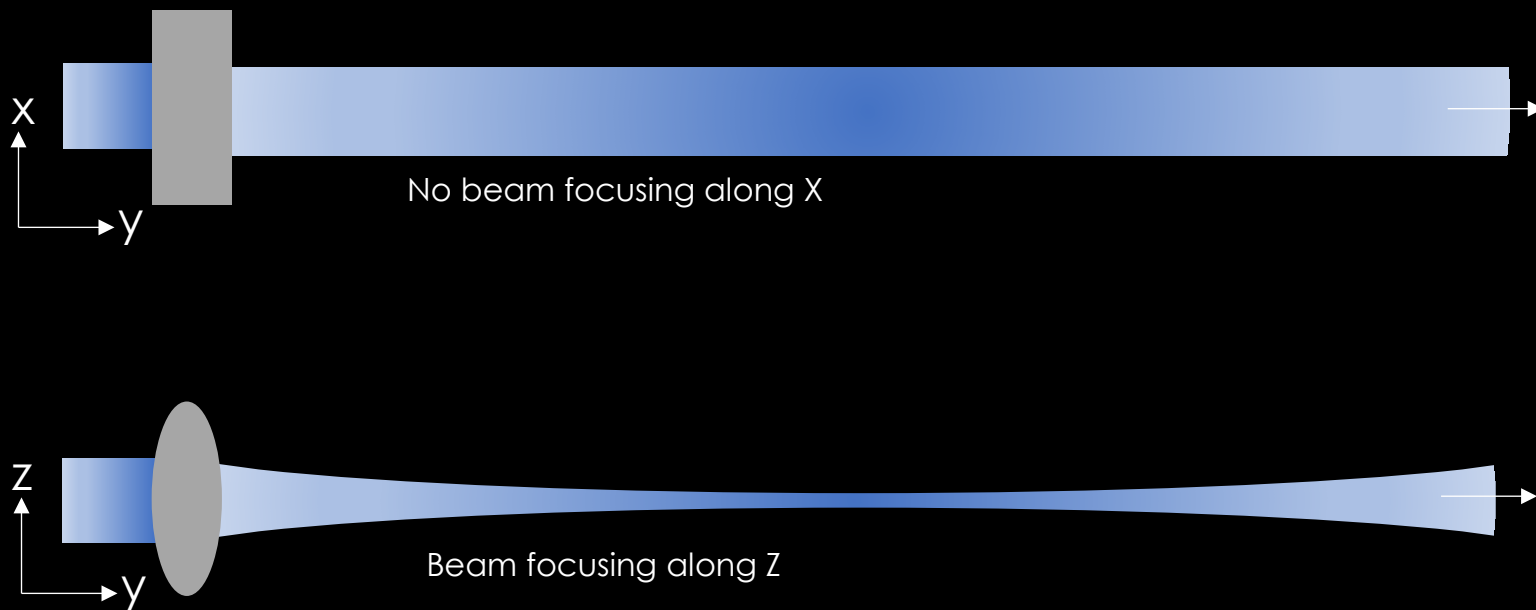
Custom-built light-sheet systems



Not exhaustive!
Only listing a few sustained, active development

Static light-sheet

A sheet of light shaped with a cylindrical lens



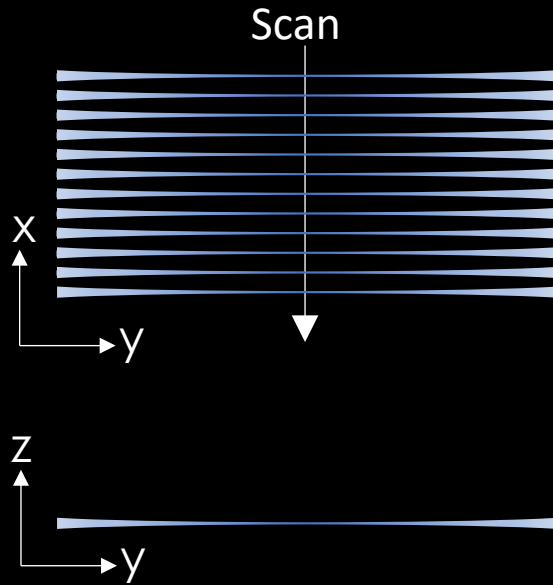
Simple and cost-effective

Light-sheet height adjusted with an aperture

Beam non-uniformity along X results in distinct intensity gradients

Digitally-scanned light-sheet

A low NA beam scanned (along X) to generate a virtual sheet of light

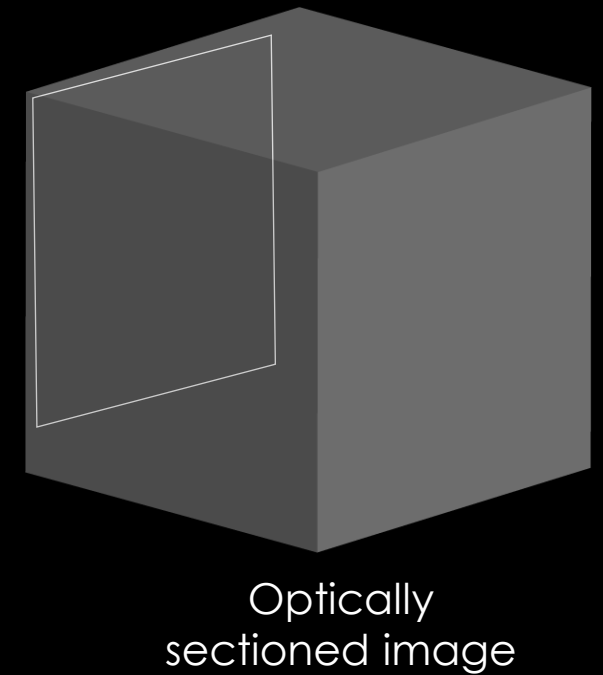
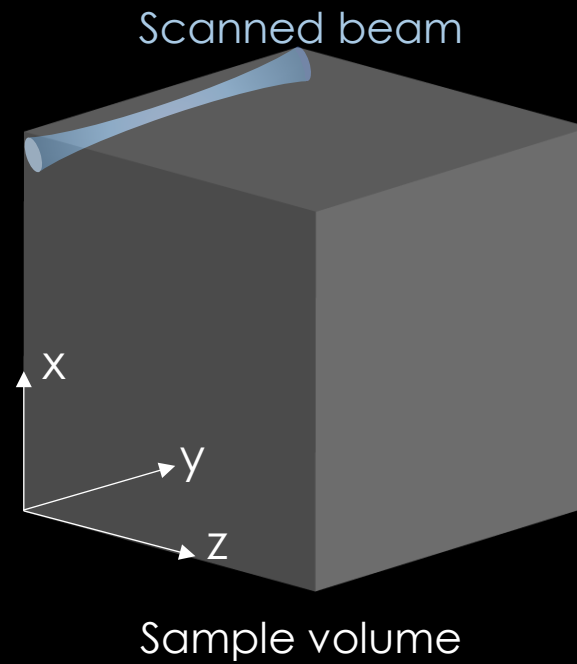
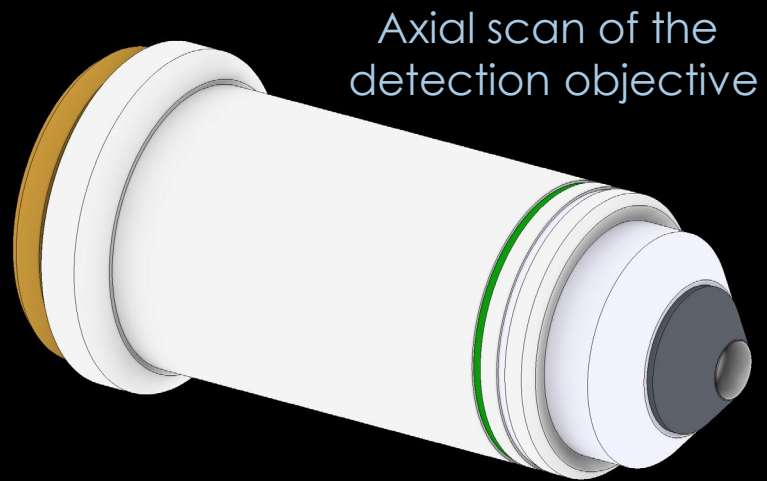


Forms images with uniform intensity

Light-sheet height (along X) digitally adjustable

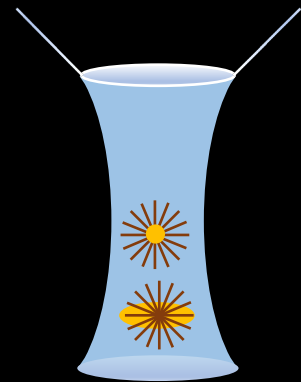
Higher background suppression

Digitally-scanned light-sheet: volumetric acquisition



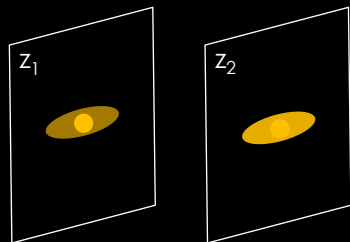
Optical sectioning

Wide-field



axial
↑
lateral
→

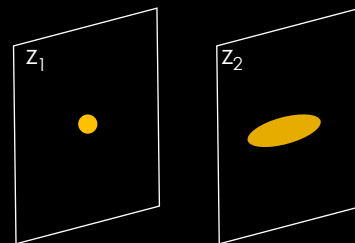
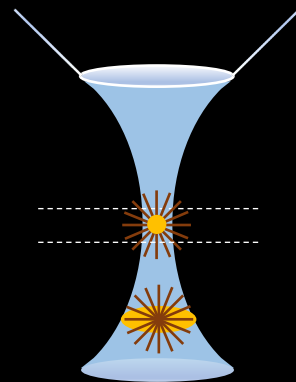
● Object at z_1
● Object at z_2



Images at different depth

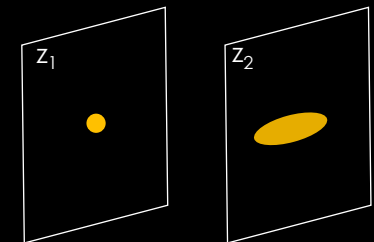
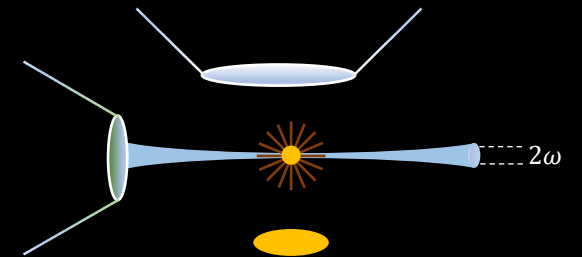
Lacks inherent optical sectioning

Confocal



Optical sectioning via the size of the pinhole

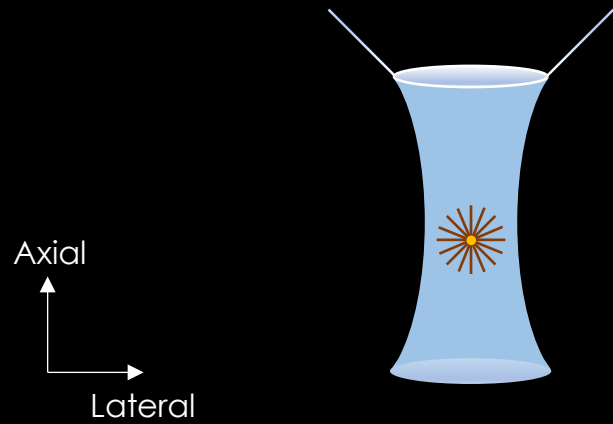
Light-sheet



Optical sectioning via the thickness of the light-sheet

Optical resolution

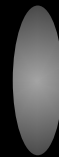
Wide-field



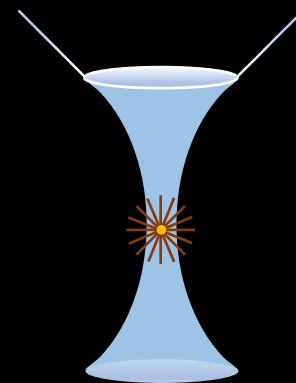
● Sub-diffraction point source
 ○ Image of the point source

$$R_{xy} = \frac{0.61 \lambda}{NA}$$

$$R_z = \frac{2 n \lambda}{NA^2}$$

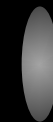


Confocal

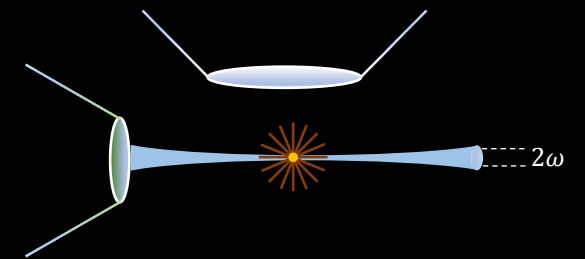


$$\geq \frac{R_{xy}}{\sqrt{2}}$$

$$\geq \frac{R_z}{\sqrt{2}}$$



Light-sheet

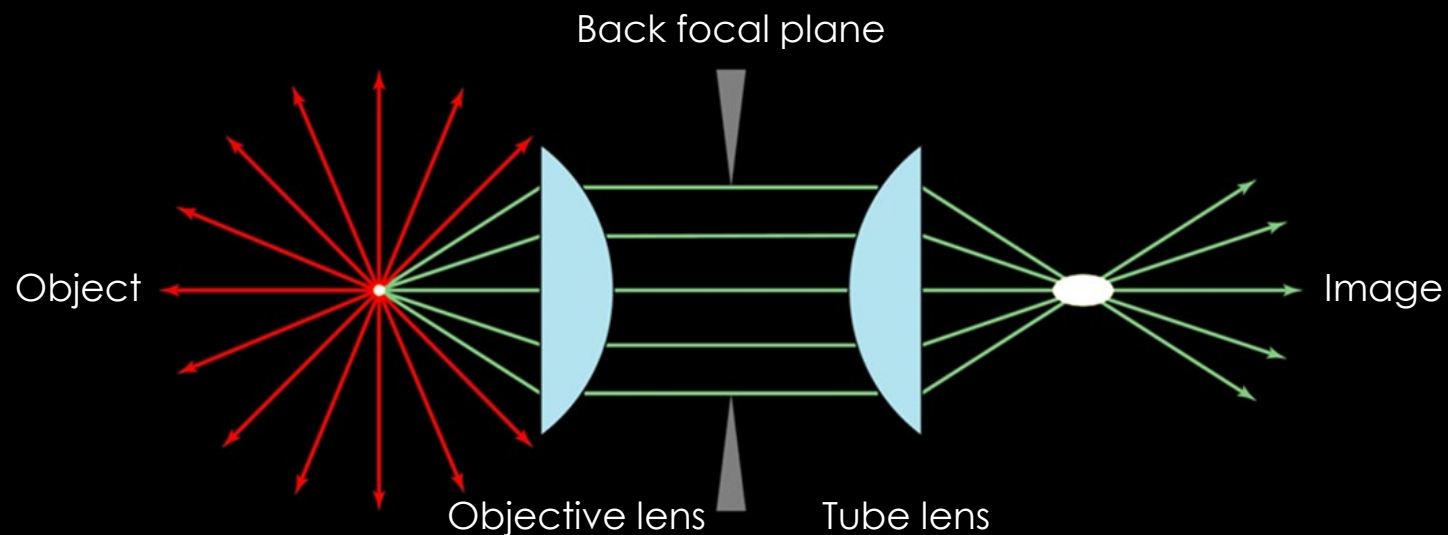


$$R_{xy}$$

$$\sim \left(\frac{1}{R_z} + \frac{1}{2\omega} \right)^{-1}$$



Resolution anisotropy in 3D image data



Lateral Resolution

$$R_{xy} = \frac{0.61 \lambda}{NA}$$

Axial Resolution

$$R_z = \frac{2 n \lambda}{NA^2}$$

NA

0.3

1.1 μm

0.8

420 nm

1.0

320 nm

15.6 μm

2.2 μm

1.4 μm

Resolution Anisotropy

1.4x

5.2x

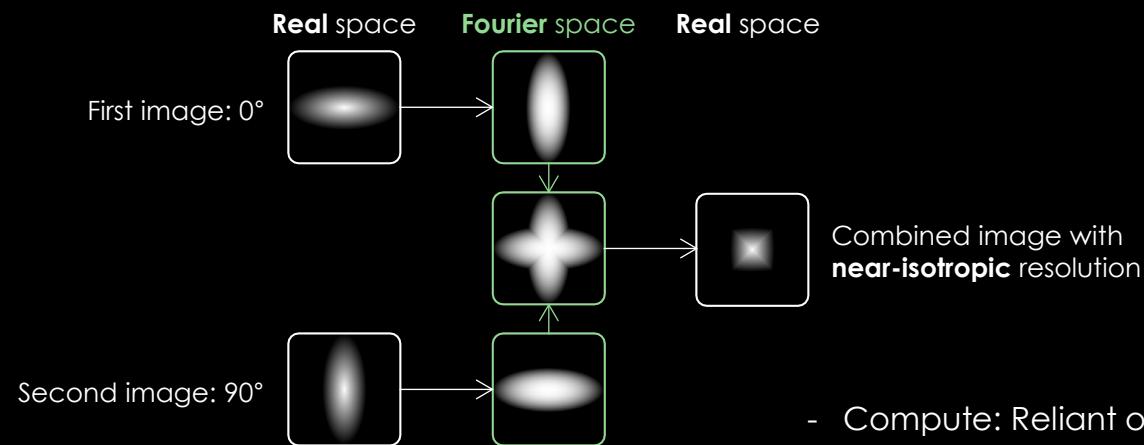
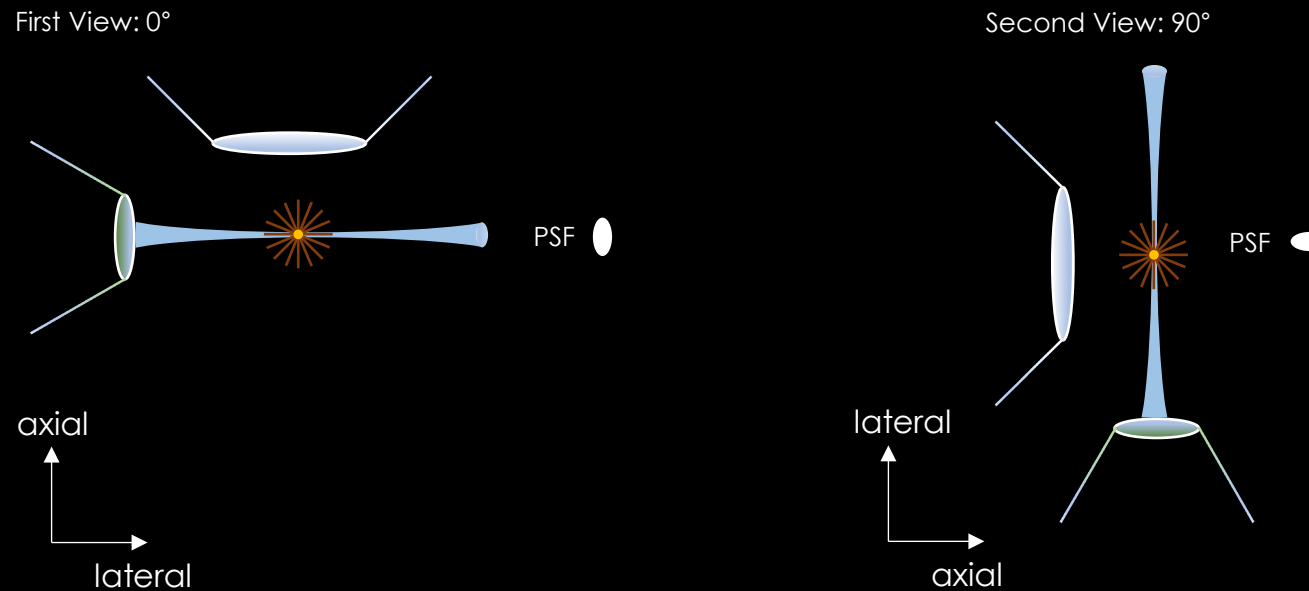
4.4x

- Emission wavelength of 525 nm
- In water, refractive Index of 1.333
- Light-sheet thickness not taken into consideration

Isotropic resolution: Acquisition from multiple views

IsoView

diSPIM



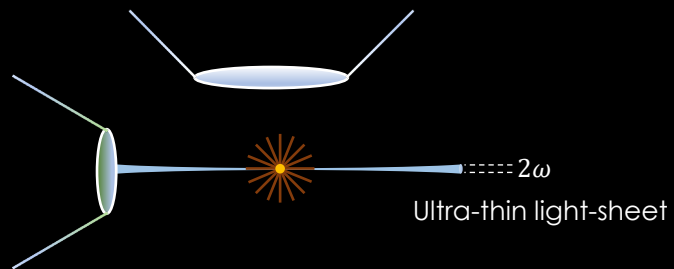
Limitation:

- Compute: Reliant on computational registration and deconvolution

Isotropic resolution: Ultra-thin light-sheet

Lattice light sheet

Axially swept light sheet



R_{xy}

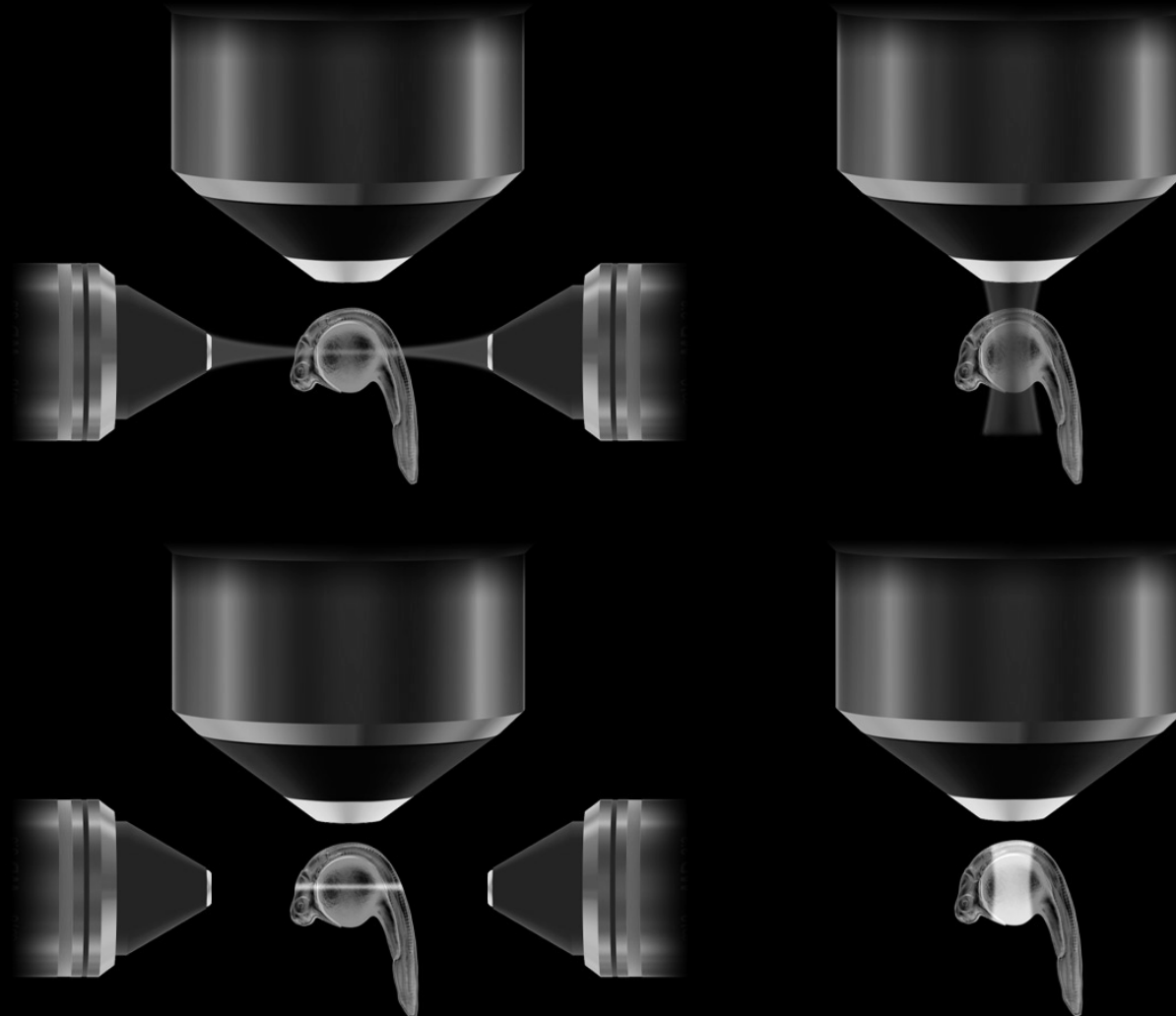
$$\sim \left(\frac{1}{R_z} + \frac{1}{2\omega} \right)^{-1}$$

Limitations:

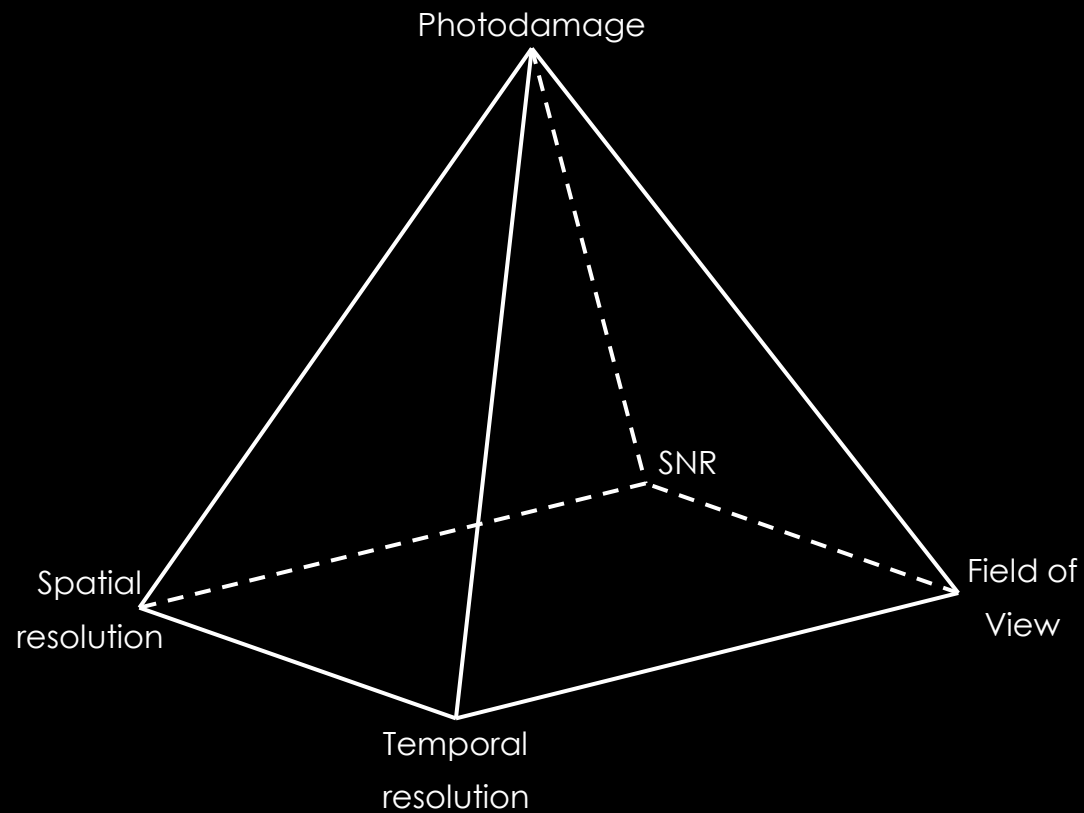
- Restricted to a small field-of-view (Lattice)
- Reduced speed: sample scanning (Lattice), sweeping of a Gaussian focus (ASLM)
- Ultra-thin light-sheet: susceptible to out-of-focus motion artifacts

Light-sheet: gentle imaging

Minimal photo-damage with light-sheet imaging



Trade-offs



Light-sheet microscopy

- ✓ High Spatiotemporal resolution
- ✓ Large physical coverage
- ✓ Low Background
- ✓ Low power density
- ✓ Long-term imaging

Recap

	Wide-field	Confocal	Spinning Disk Confocal	Light-sheet
Diffraction-limited resolution	✓ *	✓	✓	✓
Optical sectioning	✗ **	✓	✓	✓
Rapid Volumetric Acquisition	✓	✗	✓	✓
Low Photobleaching, phototoxicity	✗	✗	✗	✓

* For thin samples, otherwise hindered by lack of contrast

** Relies on the depth of field of the detection objective

What light-sheet instrument to use?

What do you want to see?

openSPIM

eduSPIM

Simple and customizable setups

diSPIM

iSPIM

Fast and high-resolution imaging of small, mostly flat samples (<100 μm in depth)

Bessel*

Lattice*

OPM

SCAPE

Fast imaging of samples (~100 μm in depth), single objective access to samples

mesoSPIM**

ExA-SPIM**

Imaging of large, centimeters-scale cleared samples

ASLM

High-resolution imaging of small samples (<100 μm in depth) or large, cleared samples

SiMView

IsoView

Fast and high-resolution imaging of large 3D samples (100 μm to >1 mm), cleared samples

Commercial options

** Utilizes ASLM

* Non-Gaussian Beam

Light-Sheet flavors accessible to Rockefeller scientists

Lattice

Fast and high-resolution imaging of small, mostly flat samples (<100 μm in depth)

SiMView

IsoView

Fast and high-resolution imaging of large 3D samples (100 μm to >1 mm), cleared samples

SCAPE

Fast imaging of samples (~100 μm in depth), single objective access to samples

Ultramicroscope Blaze

Fast imaging of multiple centimeter-scale cleared tissue samples

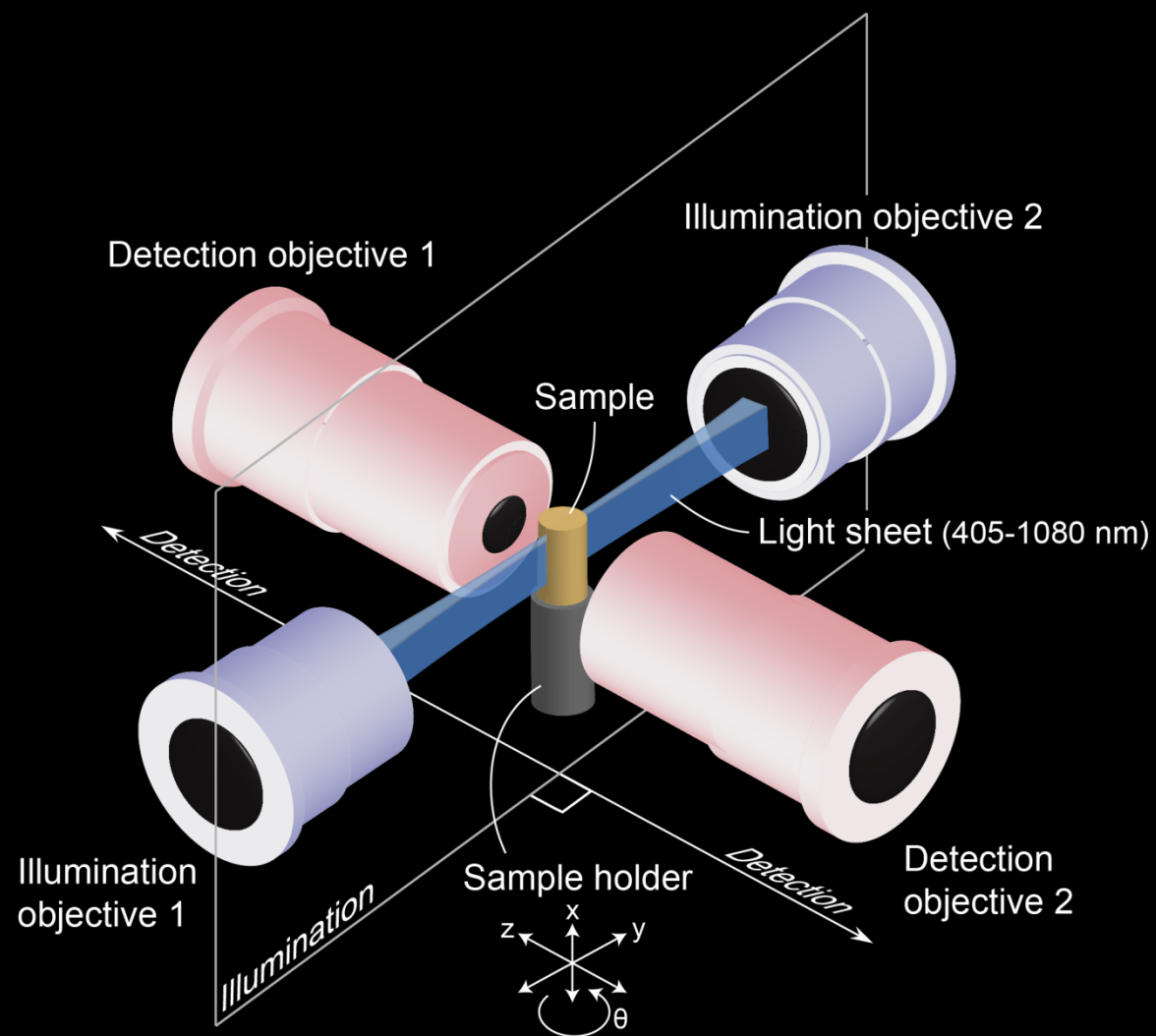
MuVi SPIM LS

MuVi SPIM CS

TrueLive3D Imager

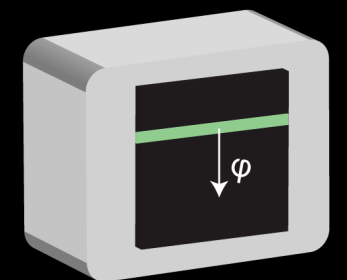
Available at MSK

SiMView: Simultaneous multi-View light-sheet microscopy

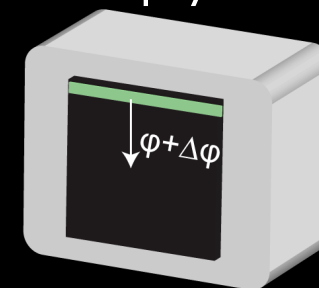


Lateral FWHM ~ 400 nm
Axial FWHM ~ 1.5 μ m

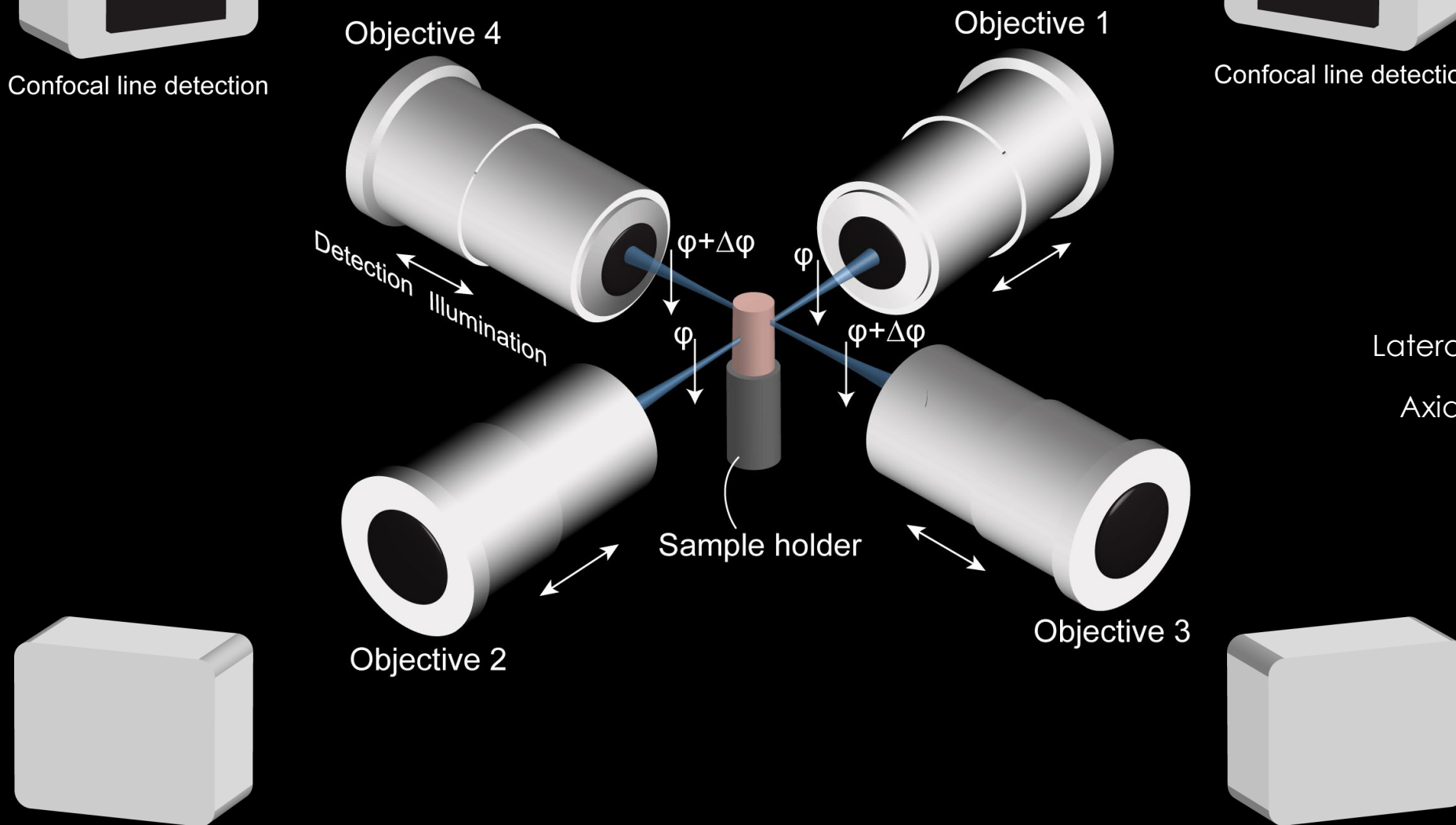
IsoView: Isotropic, multi-View light-sheet microscopy



Confocal line detection



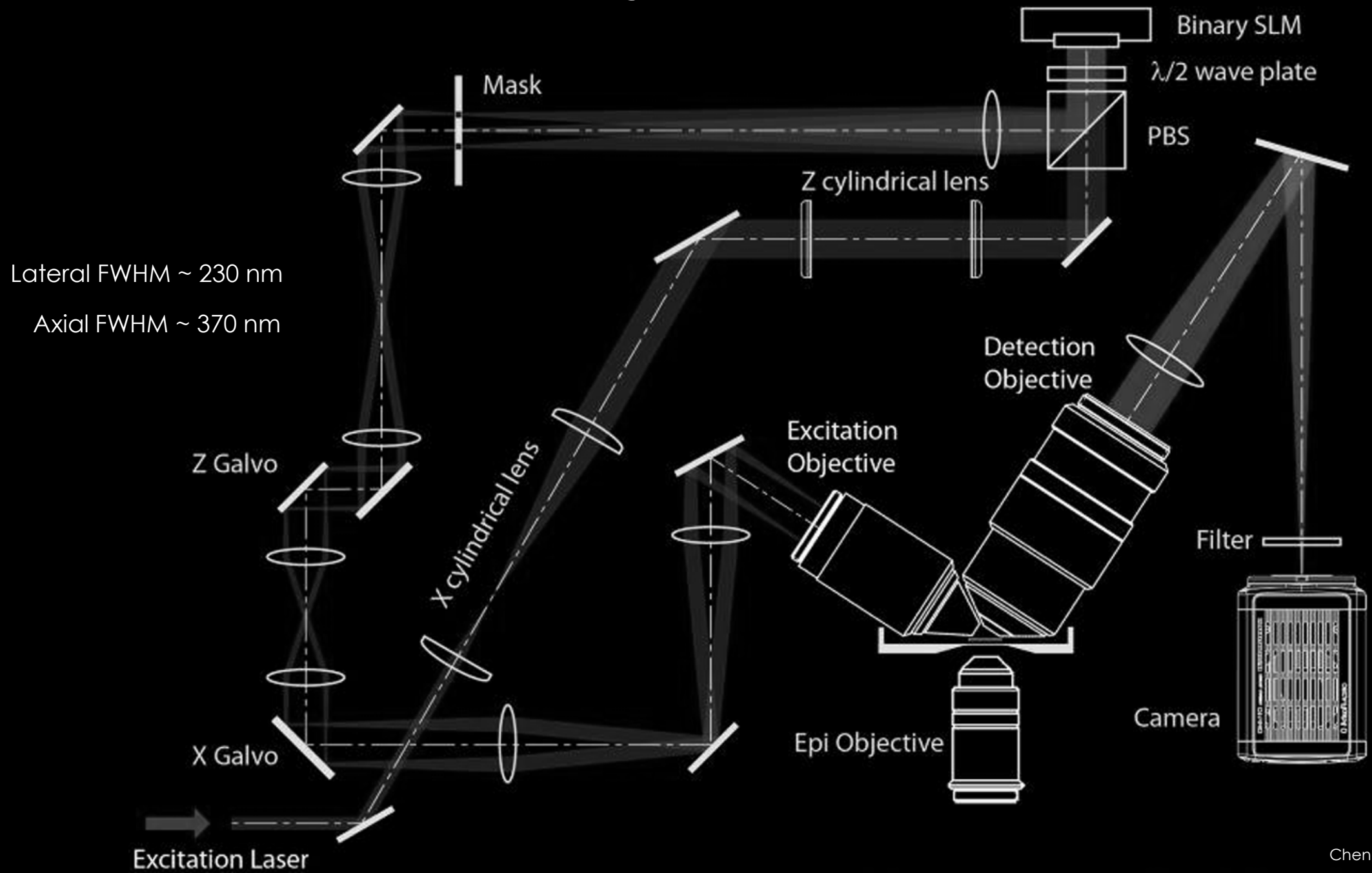
Confocal line detection



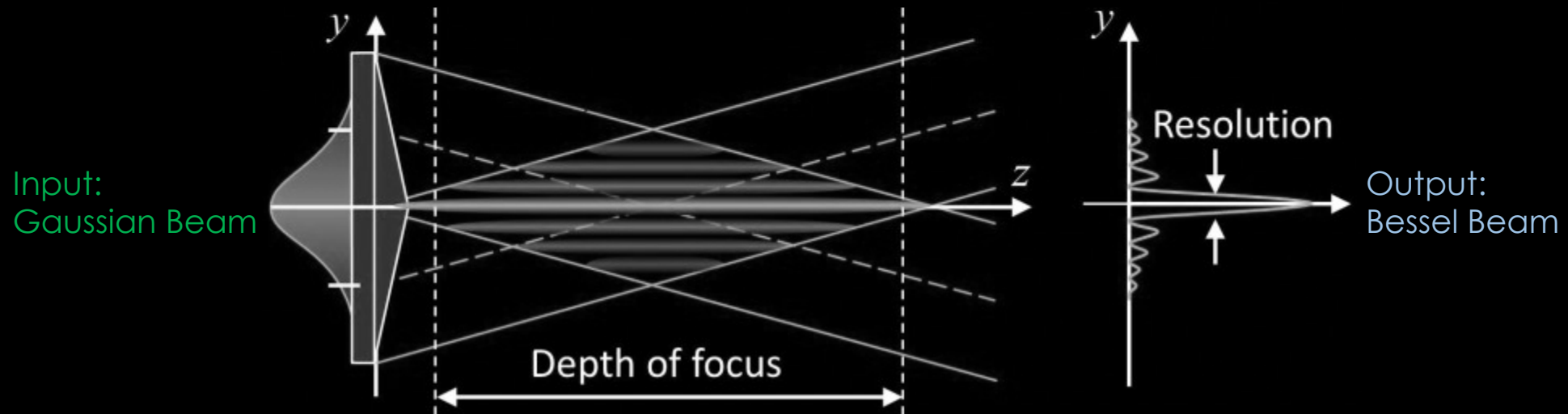
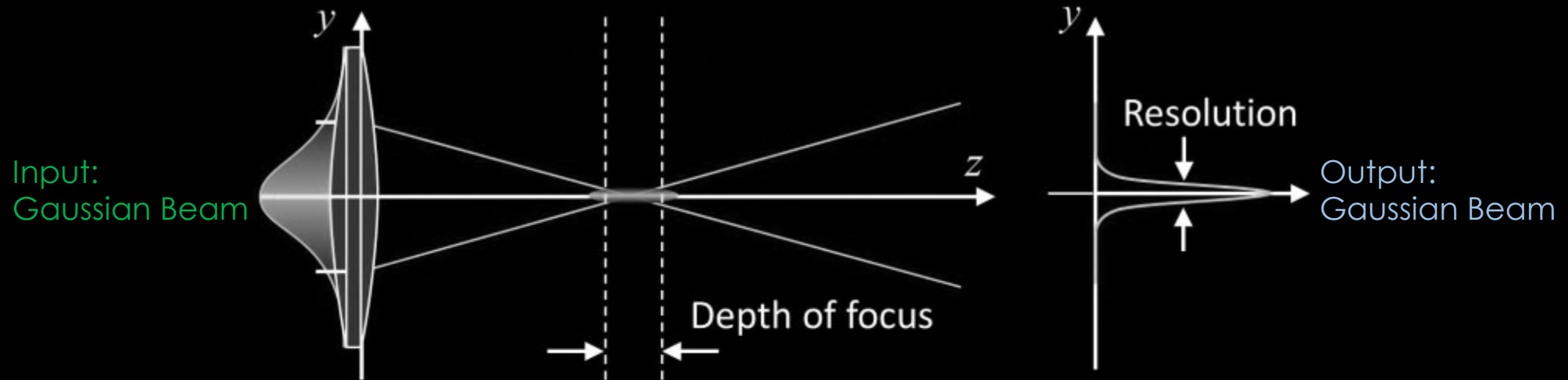
Lateral FWHM ~ 400 nm

Axial FWHM ~ 400 nm

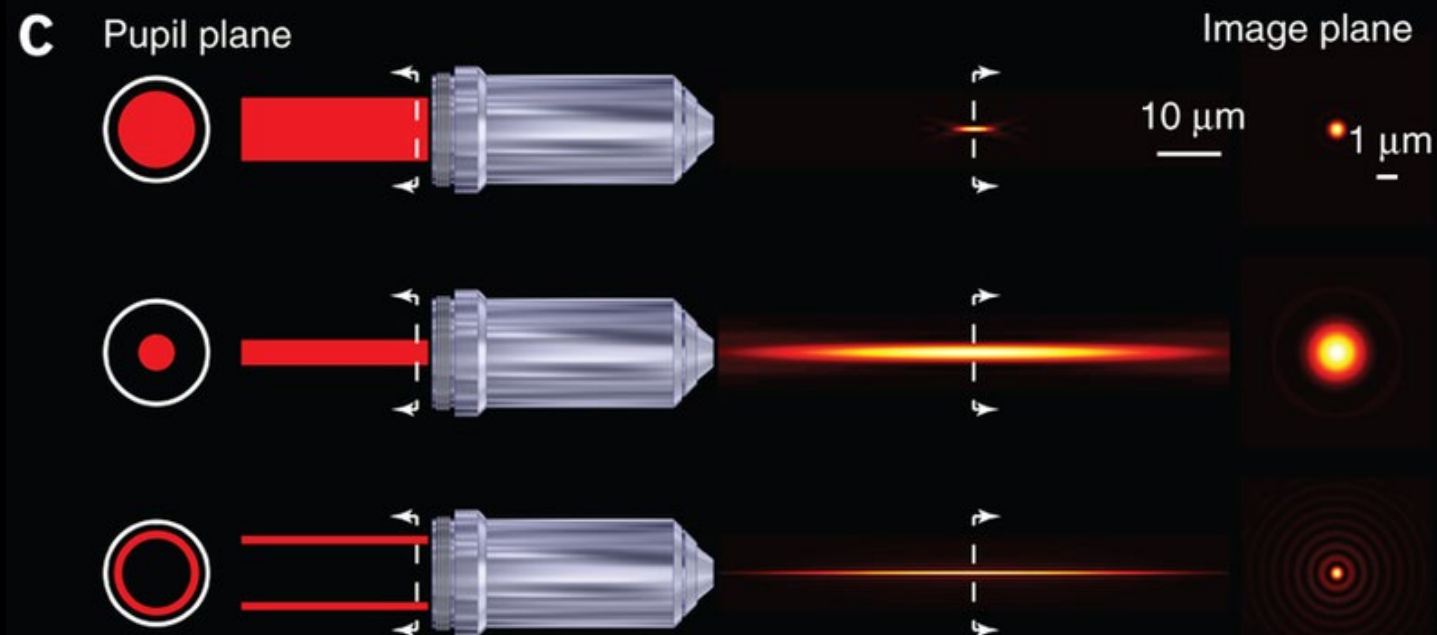
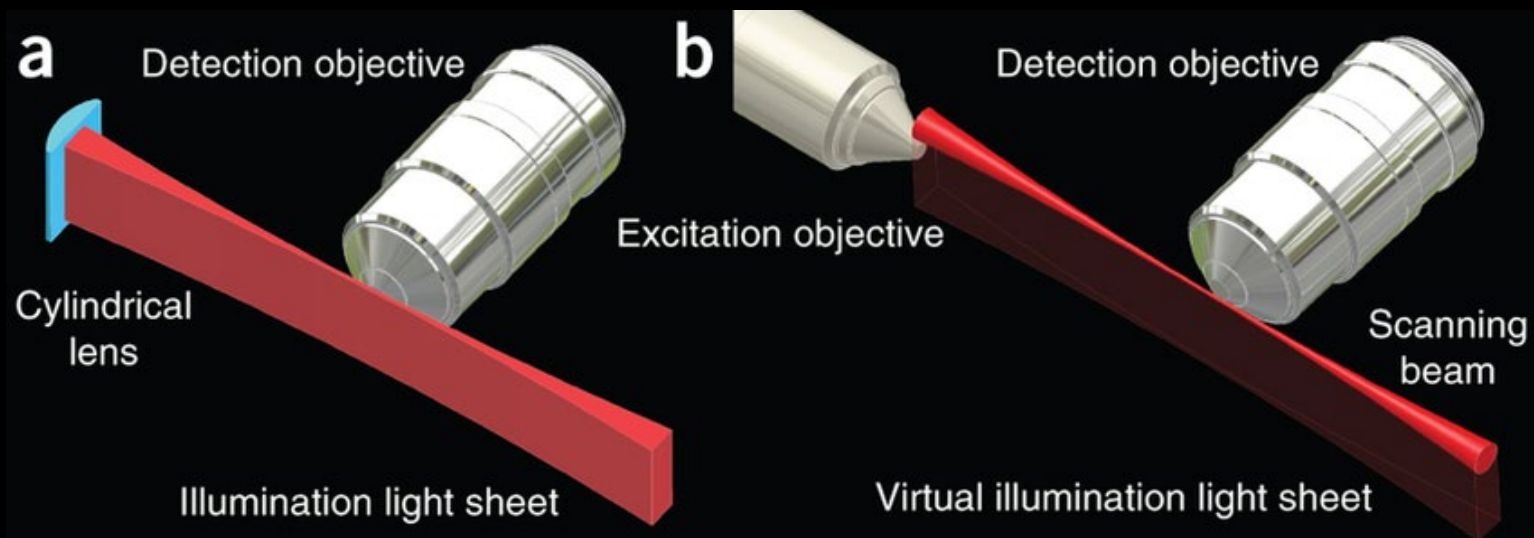
Lattice light-sheet microscopy



Beam shaping

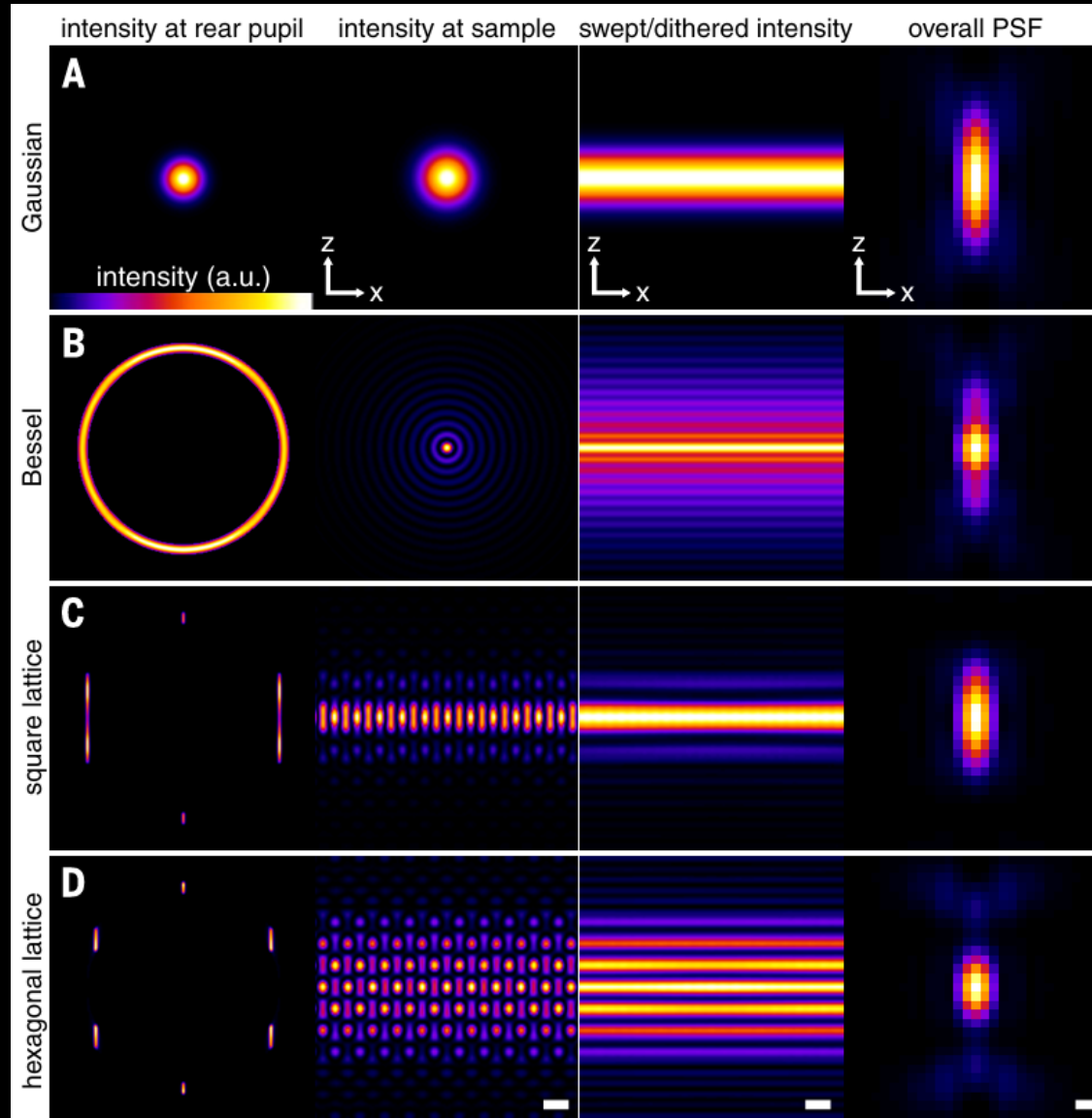


Beams at the objective back pupil



Lattice light-sheet microscopy

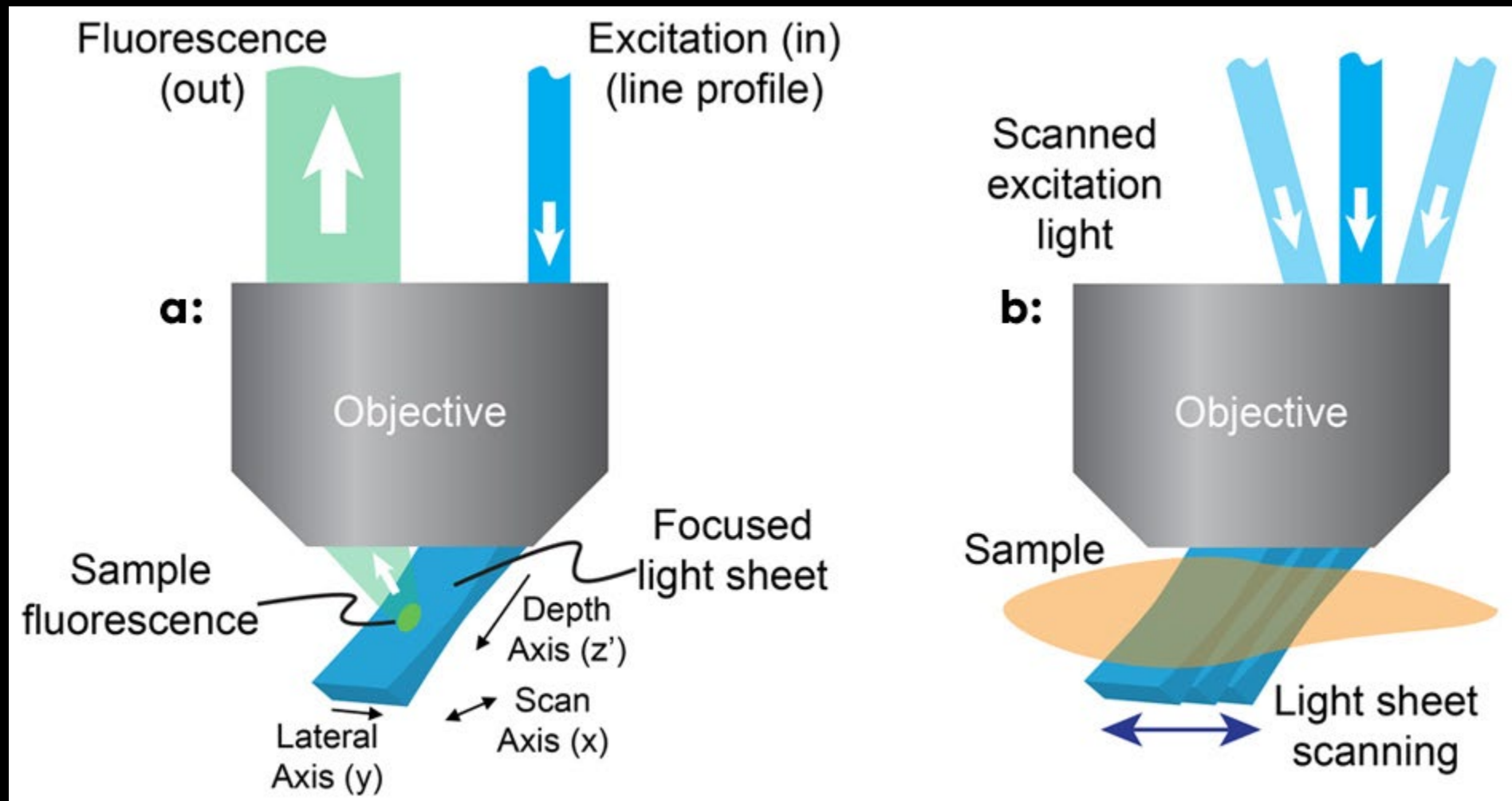
Shapes a Bessel beam to create a "lattice" of beams



Lateral FWHM ~ 230 nm

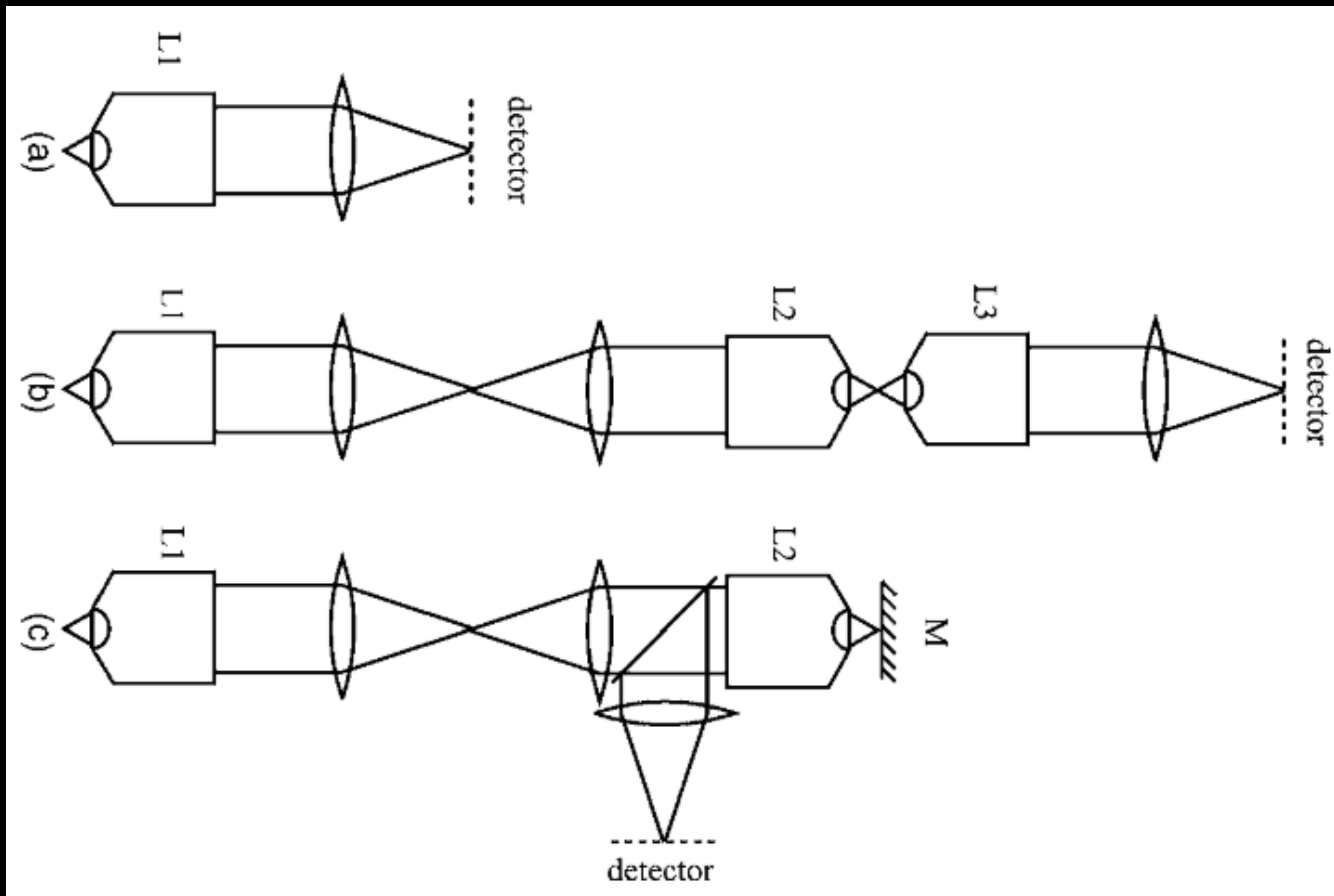
Axial FWHM ~ 370 nm

SCAPE: swept confocally aligned planar excitation microscopy

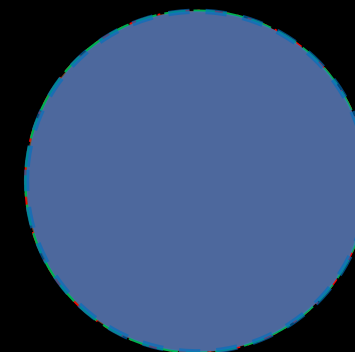


Remote focusing

Axial sectioning without the movement of the sample or the primary objective lens

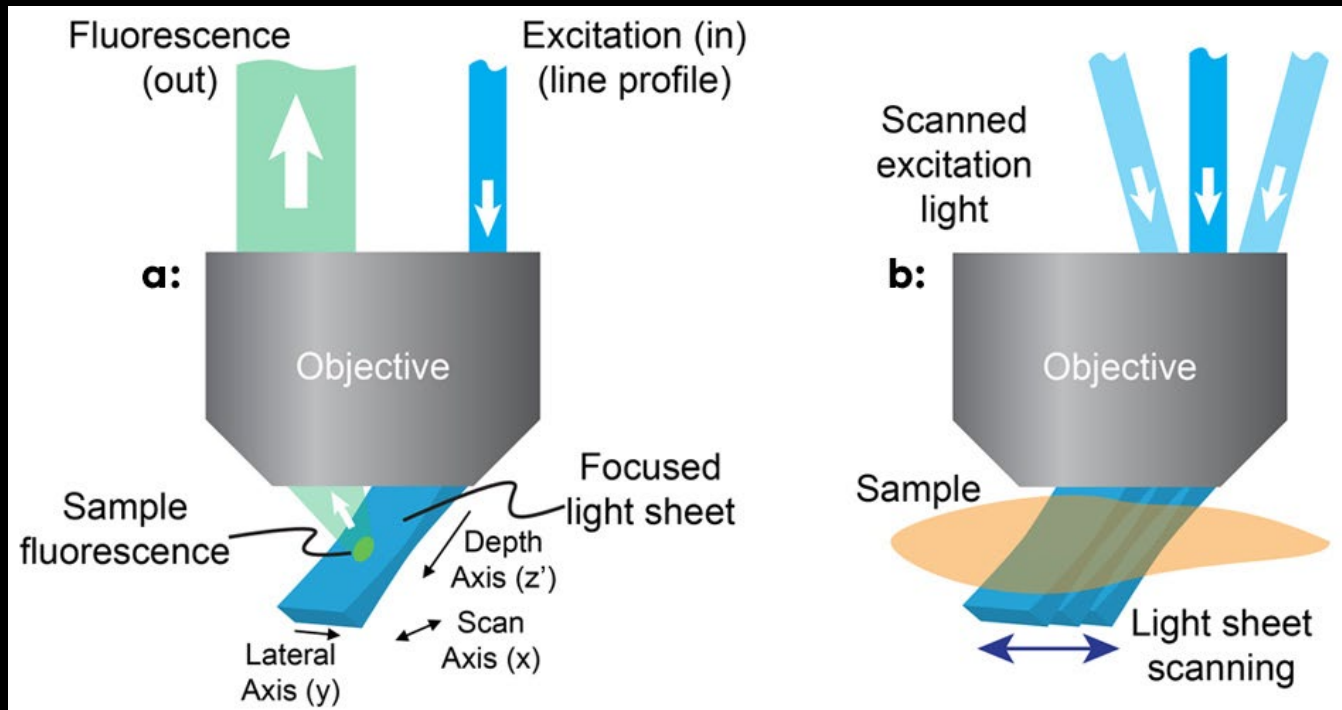


Back focal Planes



- Primary Objective (L1)
- Second Objective (L2)
- Third Objective (L3)

SCAPE: swept confocally aligned planar excitation microscopy



Lateral FWHM $\sim 1\mu\text{m}$

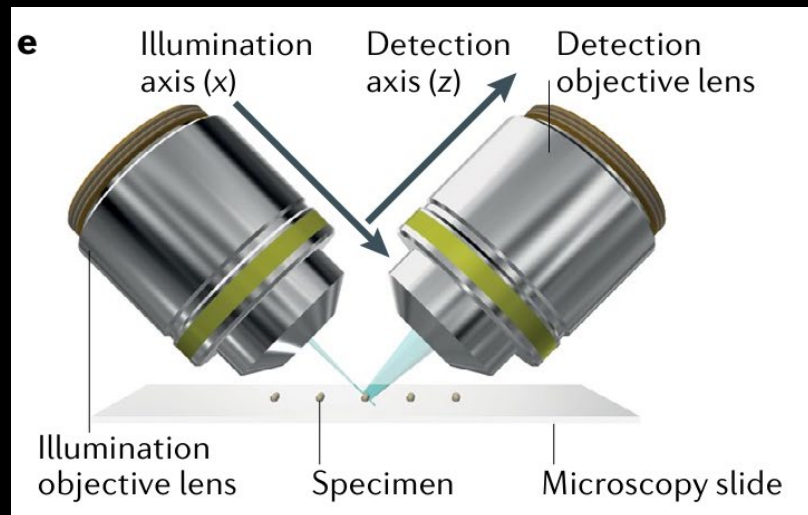
Axial FWHM $\sim 3\text{-}4\mu\text{m}$

Effective NA of 0.35

Collection efficiency max = $(0.35/1.0)^2 = 12.25\%$

What light-sheet instrument to use?

Sample geometry and mounting: flat

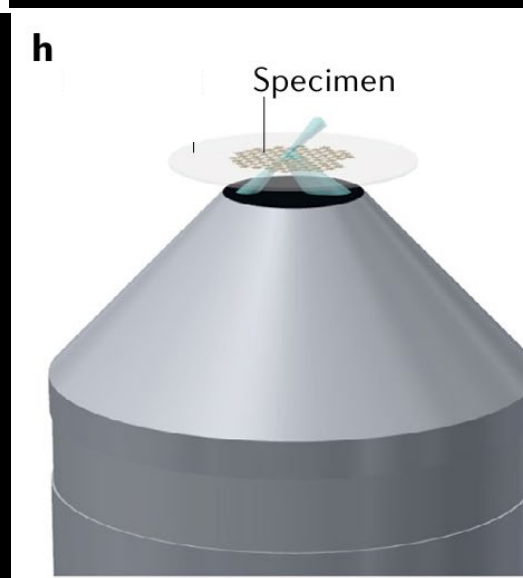


Lattice

Fast and high-resolution imaging of small, mostly flat samples (<100 μm in depth)

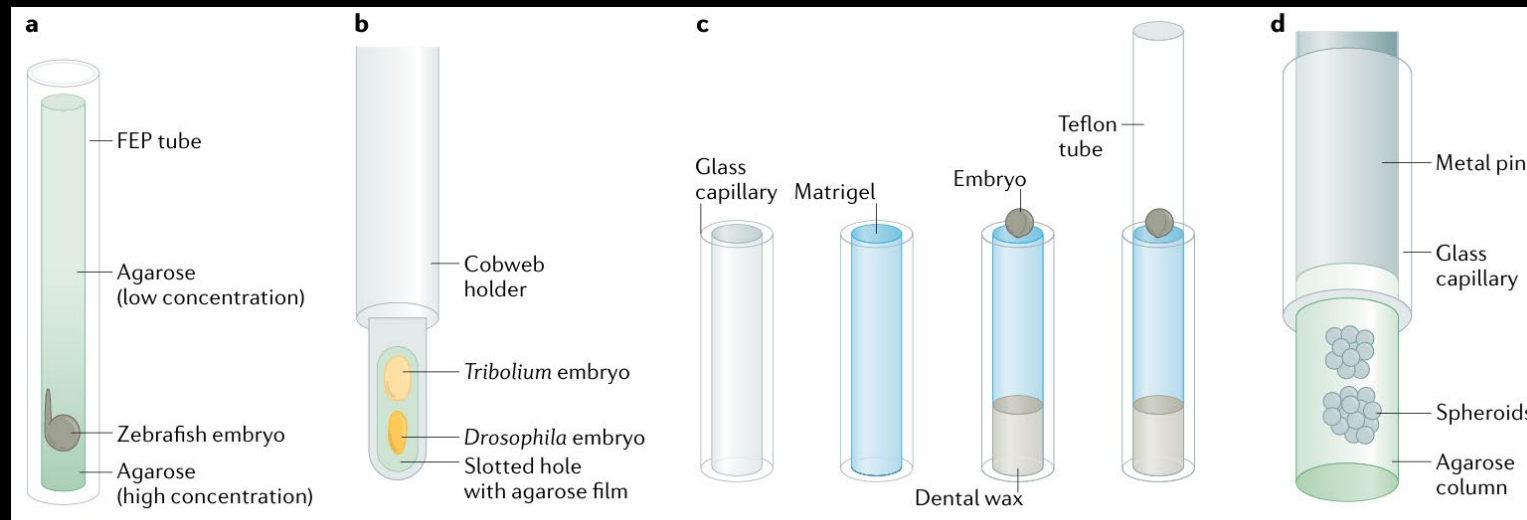
SCAPE

Fast imaging of samples (~100 μm in depth), single objective access to samples



What light-sheet instrument to use?

Sample geometry and mounting: 3D

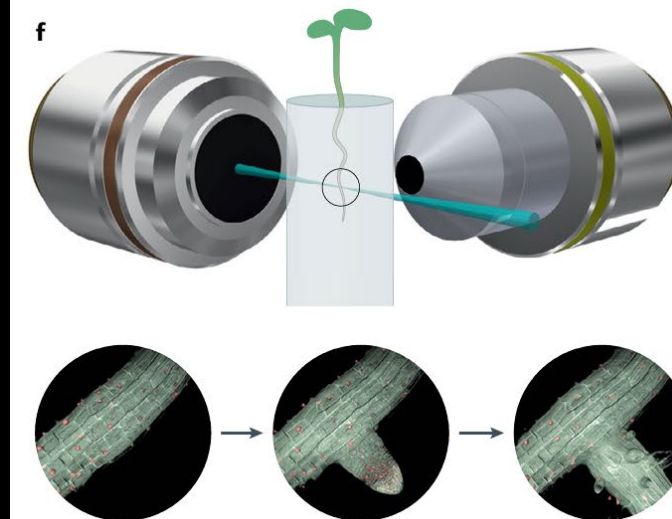


SiMView

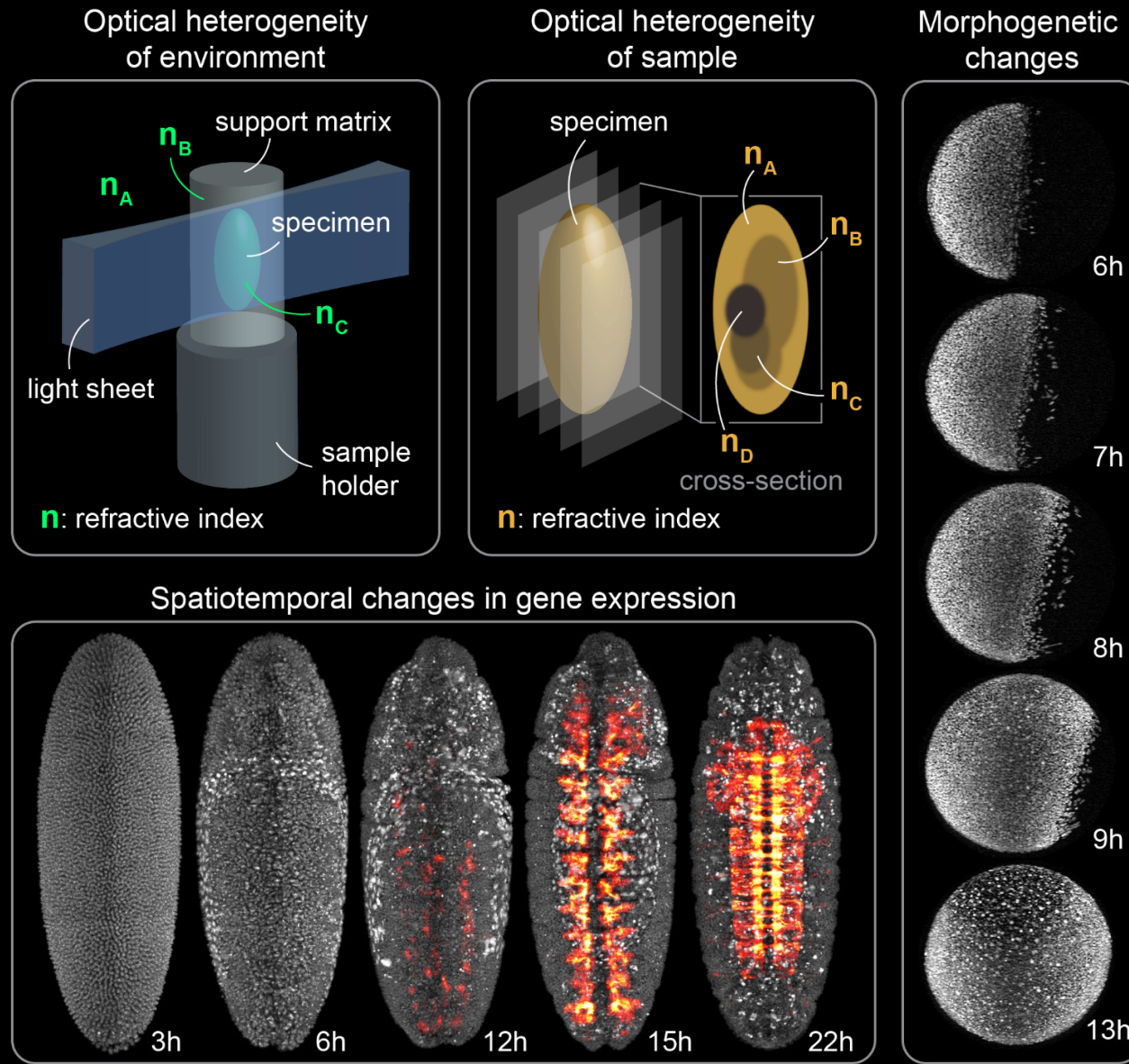
IsoView

Fast and high-resolution imaging of large 3D samples (100 μm to >1 mm)

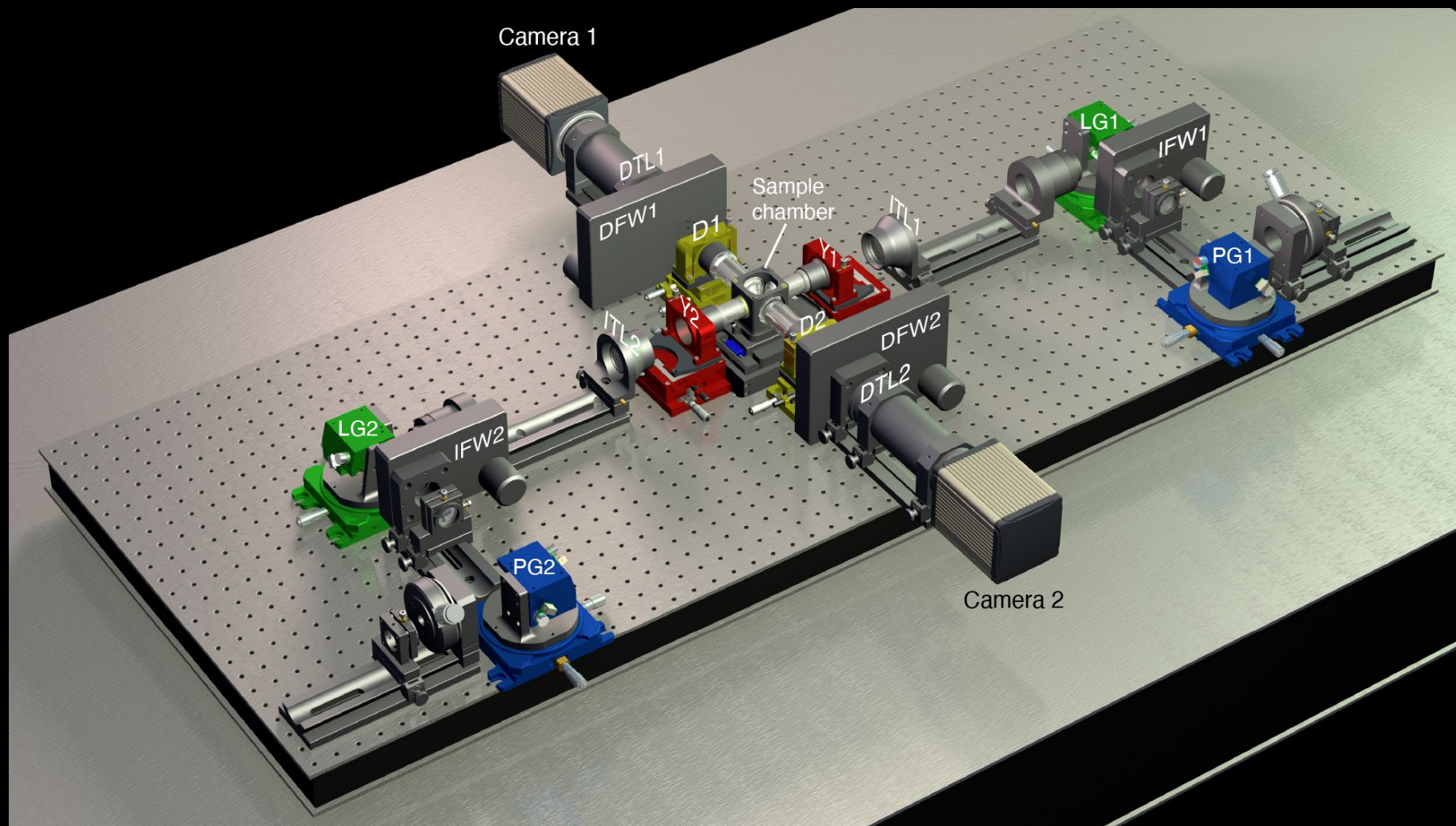
Cleared samples: 1 – 10 mm



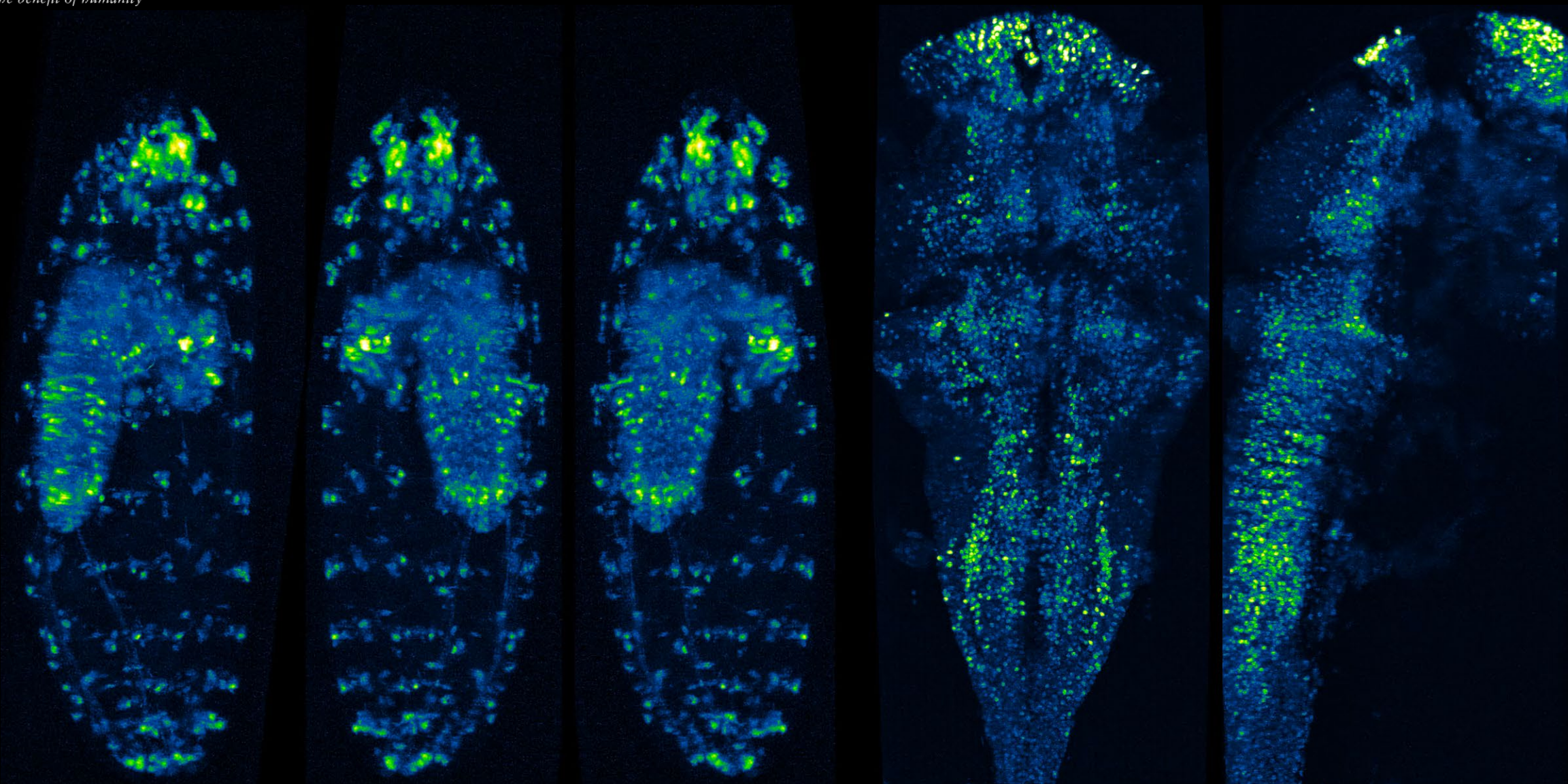
Challenges in light-sheet imaging of large specimens



SiMView with automated adjustment of light sheet geometry



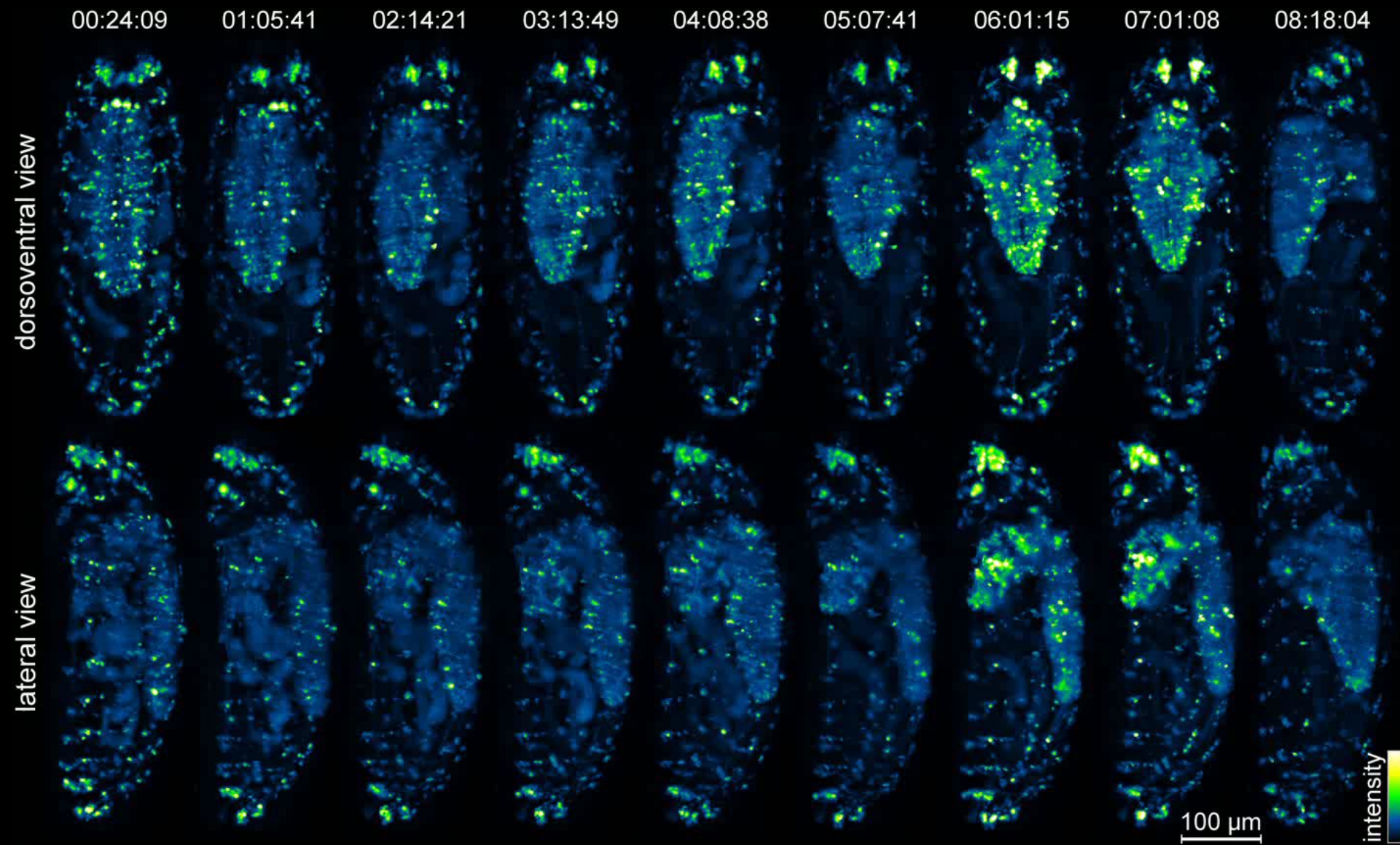
- Piezo actuators in detection arms (D_1, D_2)
- Galvanometer scanners for light-sheet formation and positioning ($\alpha_1, \alpha_2, l_1, l_2$)
- Piezo actuators in illumination arms (Y_1, Y_2)
- Galvanometer scanners for light-sheet pivoting (β_1, β_2)



50 μm *Drosophila* larva 2 Hz whole-animal functional imaging Intensity Panneural GCaMP6s Zebrafish larva 1 Hz whole-brain functional imaging 100 μm

Left/right: 4.5/0.4 million images, 0.55/0.56 μJ per image; 500 \times 500 \times 200/800 \times 400 \times 400 μm^3 volume, 280/268 frames s^{-1} , 500/1,000 MB s^{-1}

Functional imaging throughout development

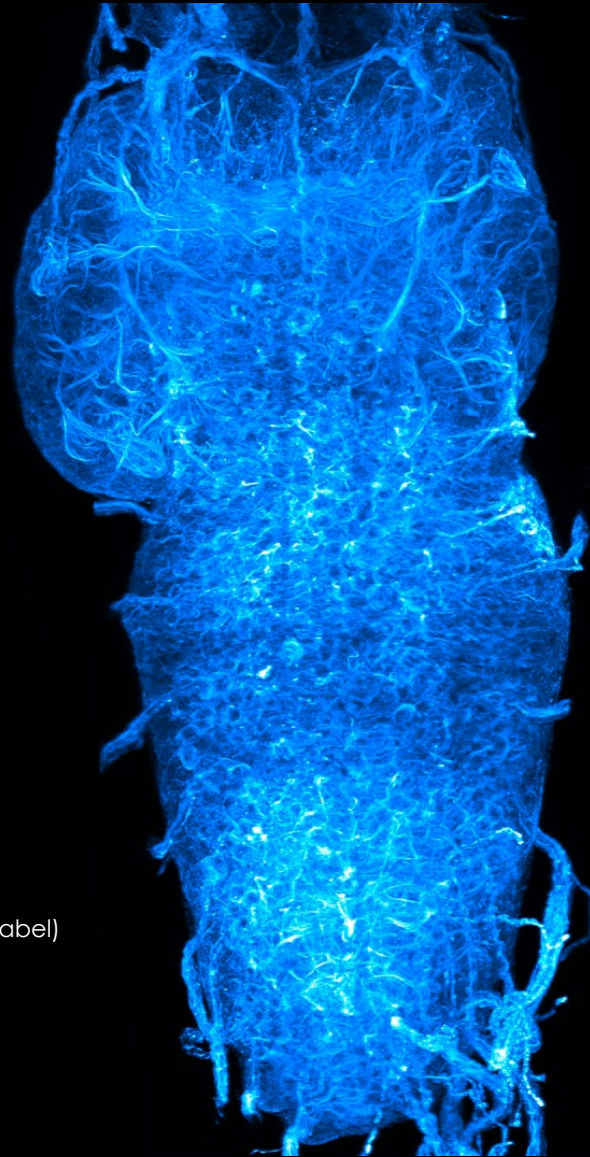


Long-term, whole-animal functional imaging from embryonic to larval stages

Expanded, cleared-tissue imaging

Rotating projection

Volume slicing

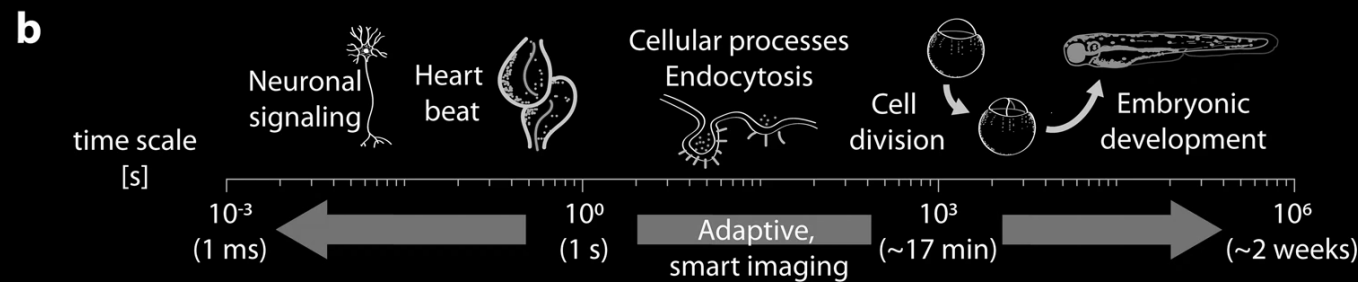
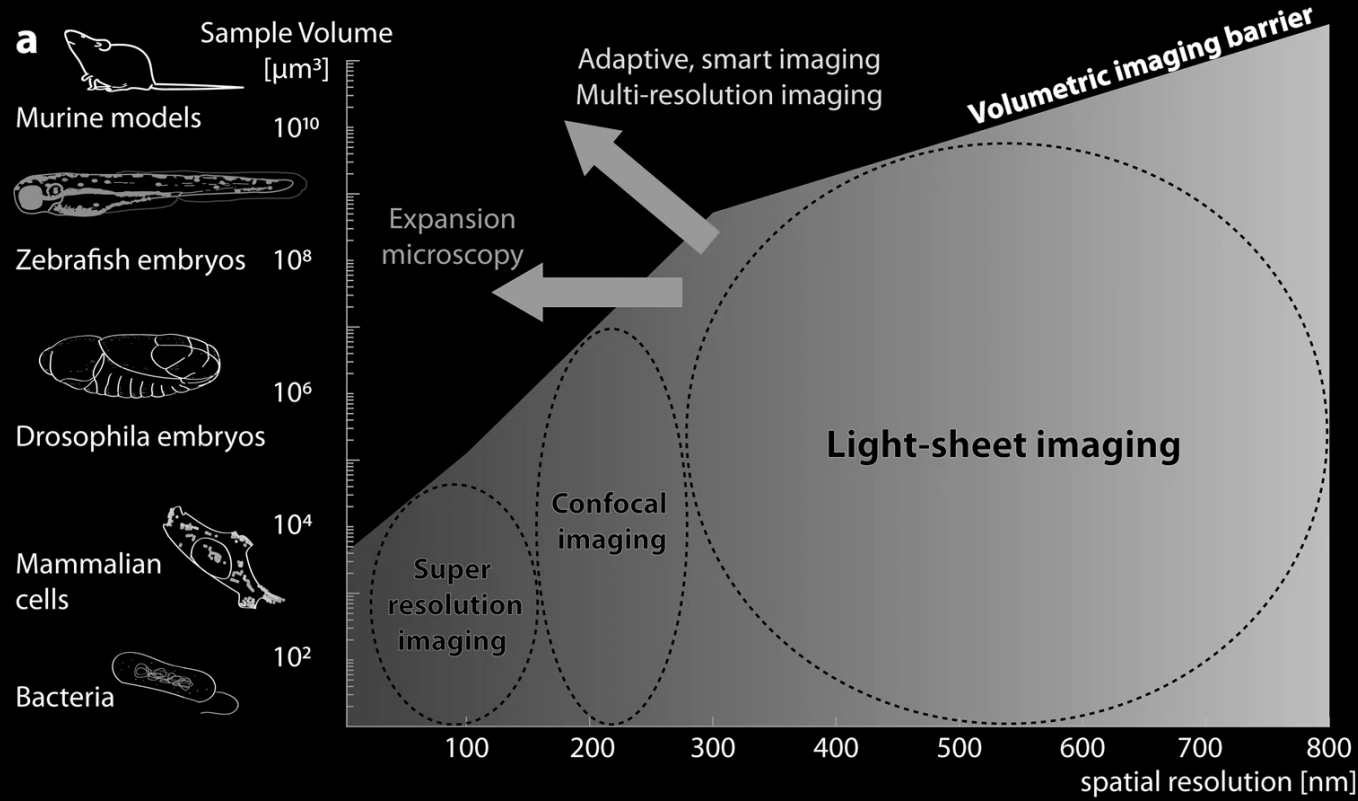


7.5-fold expanded *Drosophila* L1 larval CNS (tubulin label)

Effective 100 nm isotropic resolution

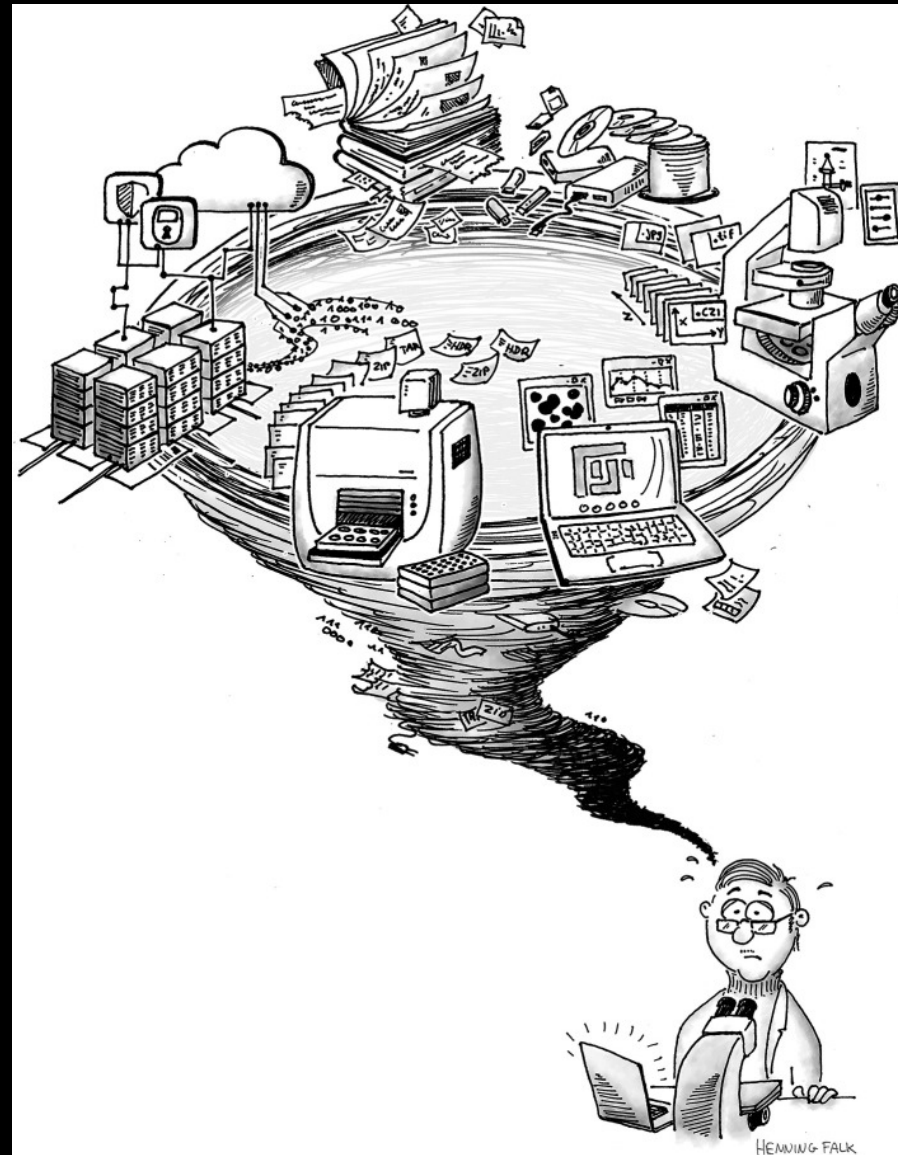
Entire volume imaged in 10 min

Outlook for the future



- Large-format optical components
- Parallelized imaging: Faster acquisition
- Event-driven, AI-embedded imaging
- Multi-modality integration
- Broader scientific, clinical applications

Bioimaging data vortex



Survival guide: light-sheet data vortex

- Light-sheet data adds up quickly!
100+ GB to a few TB per experiment
- Pre-study planning
 - Conduct exploratory imaging, mock session
e.g., light-sheet thickness, multiple views
 - Identify necessary pre-processing steps
e.g., de-skewing, multiview registration, deconvolution, motion-correction
 - Don't ignore your data representation
e.g., bit depth, file type, int/float
 - Plan ahead for data transfer, storage, and processing platform (on-premise, HPC, cloud), visualization
 - Identify necessary quantitative analysis steps and available resources
e.g., segmentation, tracking (Δx , Δy , Δz , $\Delta F/F$)
- Collect minimal data necessary first, then scale up
- Reach out for help, ask questions!

Questions?

Reminder: Please fill out the post-workshop survey

Light-sheet Reviews

Power, R. M., Huisken J. (2017), A guide to light-sheet fluorescence microscopy for multiscale imaging, Nature Methods

Chhetri R. K., Keller P. J. (2020), Functional imaging with light-sheet microscopy, Handbook of Neurophotonics

Stelzer, E. H. et al. (2021), Light sheet fluorescence microscopy, Nature Reviews Methods Primers

[Comparison of Lattice and Gaussian light-sheets](#)

Chang B.J., Dean K. M., Fiolka R. (2020), Systematic and quantitative comparison of lattice and Gaussian light-sheets